

The National Seniors Strategy is LIVE!

Visit gov.bm/ministry/youth-social-development-and-seniors to explore Bermuda's roadmap for ageing well.

Key Pillars:

- 1. Healthy Ageing:** Access affordable healthcare and support for a better quality of life.
- 2. Empowered Citizens:** Eliminate ageism, promote independence, and enhance financial security.
- 3. Age-Friendly Environments:** Create safe, inclusive spaces and accessible housing for all.
- 4. Community:** Reclaim the village—foster intergenerational support and ensure seniors' safety.
- 5. Sustainable Partnerships:** Collaborate across sectors to secure a brighter future for our ageing population.

Let's make Bermuda a place where everyone can thrive at every stage of life.

Visit gov.bm/ministry/youth-social-development-and-seniors or call **(441) 292-7802** to learn more about the National Seniors Strategy

GOVERNMENT OF BERMUDA
Ministry of Youth, Social Development and Seniors

National Seniors Strategy 2024

Celebrating Life and Ageing Well





GOVERNMENT OF BERMUDA
Ministry of Youth, Social Development and Seniors

National Seniors Strategy 2024

Celebrating Life and Ageing Well



Pillar 1: Healthy Ageing

Healthy ageing starts with you! Stay active, eat well, and get regular check-ups. The National Seniors Strategy is here to ensure equitable access to healthcare and support services. Let's age beautifully—together!

Learn more about the National Seniors Strategy.

Visit gov.bm/ministry/youth-social-development-and-seniors or call **(441) 292-7802** to learn more about the National Seniors Strategy



GOVERNMENT OF BERMUDA
Ministry of Youth, Social Development and Seniors

National Seniors Strategy 2024

Celebrating Life and Ageing Well



Pillar 2: Empowered Citizens

Our seniors are a vital part of Bermuda's future. Let's eliminate ageism and create opportunities for empowerment. Join the movement and learn more about the National Seniors Strategy!

Learn more about the National Seniors Strategy.

Visit gov.bm/ministry/youth-social-development-and-seniors or call **(441) 292-7802** to learn more about the National Seniors Strategy



Pillar 3: Age-Friendly Environments

A Bermuda for everyone. The National Seniors Strategy is making public spaces, housing, and transportation inclusive and accessible. Let's build a better community—together.

Learn more about the National Seniors Strategy.

Visit gov.bm/ministry/youth-social-development-and-seniors or call **(441) 292-7802** to learn more about the National Seniors Strategy



GOVERNMENT OF BERMUDA
Ministry of Youth, Social Development and Seniors

National Seniors Strategy 2024

Celebrating Life and Ageing Well



Pillar 4: Community Environments

It takes a village to age well. The National Seniors Strategy is fostering community connections and safety for all. Reclaim the spirit of Bermuda—join us!

Learn more about the National Seniors Strategy.

Visit gov.bm/ministry/youth-social-development-and-seniors or call **(441) 292-7802** to learn more about the National Seniors Strategy