

Waterfront Wellness 5k

5K Run

- 1 Philip Woollins 17:04.3
- 2 Khari Sharrieff 17:38.5
- 3 Estienne Coetzee 17:53.3
- 4 Neal Towlson 17:55.1
- 5 Rupert Cuddon-Large 18:09.6
- 6 Tim Price 18:28.3
- 7 Edward Willis 18:44.4
- 8 Florin Teleman 18:48.6
- 9 Maria Kemiji-Mcdonald 18:54.9
- 10 Anijahe Santos-Martin 19:25.1
- 11 Stepanka Sprincova 19:52.1
- 12 Jack Higson 20:04.8
- 13 Neil De Ste Croix 20:10.6
- 14 Alex McManus 20:22.2
- 15 De-Andre Smith-Lightbourne 20:28.3
- 16 Riley McLaughlin 20:28.8
- 17 Teresa Ruiz 20:29.3
- 18 Liana Medeiros 20:43.8
- 19 William Wharton 21:02.7
- 20 Ciaran Keaveny 21:17.2
- 21 Jecoa Tucker 21:20.3
- 22 Kevin Topple 21:22.3
- 23 Tommy Sinclair 21:22.5
- 24 Keishon Wilson 21:26.3
- 25 Michael Kelly 21:27.9
- 26 Caelan Cabral 21:43.3
- 27 Nicholas Burke 21:49.8
- 28 Raschid Alami-Merrouni 21:53.5
- 29 Gemma McGeever 21:59.8
- 30 Melbert Bergonio 22:14.1
- 31 Gavin O'Connor 22:17.7
- 32 Jonah Trott 22:34.5
- 33 Yan Leclerc 22:35.8
- 34 Vivienne Lochhead 22:36.3
- 35 Paul Kelly 22:55.5
- 36 Georgia Wharton 23:00.7
- 37 Townsend Jackson 23:03.1
- 38 Jack Fishlock 23:11.6
- 39 Lynsey Palmer 23:13.2
- 40 Kate Cabral 23:14.6
- 41 David Friston 23:14.8
- 42 Julius Ondoy 23:41.5
- 43 Sean Kelly 24:03.5
- 44 Sofia Leclerc 24:21.2
- 45 Rachel Little 24:45.9
- 46 Alexsei Theodor Nielsen 25:01.6

47 Jose Andrade 25:01.6
48 Mairi Redmond 25:02.3
49 Gabriela Martin 25:03.6
50 Cameron Tully 25:08.1
51 Aoife Burke 25:26.3
52 Peter Muirhead 25:32.6
53 Phillip Rout 25:38.5
54 Nathan J. Trott 25:43.1
55 Elizabeth Stewart 25:46.9
56 Ailish Byrne 25:49.5
57 Katie McNamara 25:51.1
58 David Brown 25:56.2
59 Simba Chigwande 26:22.1
60 Mia Pauwels 26:36.3
61 Calvin Steede 26:38.3
62 Clara Leahy 26:59.6
63 Patrick Phelan 26:59.8
64 Fergal Kelly 27:00.8
65 Genoa Van Oostwaard 27:02.4
66 Wayne Edwards 27:08.1
67 Lochlann Muirhead 27:10.8
68 Eve Adamson 27:15.6
69 Kerry Palmer 27:20.3
70 Stephen Cox 27:21.1
71 Sherwyn Richardson 27:21.6
72 Rachel Ward 27:32.1
73 Emma Palmer 27:33.6
74 Brianna Siddle 27:33.9
75 Irena Cenzer 27:37.3
76 Caroline Roque 27:51.6
77 Lara Rogers 27:53.2
78 Zina Jones 28:04.2
79 Jacob Leclerc 28:33.2
80 Deanna Didyk 28:40.1
81 Jenni Simpson 28:41.6
82 Caroline Madrak 28:44.4
83 Brendon Fourie 28:44.6
84 Gregory Suter 28:55.2
85 Toni Gemmell 29:04.1
86 Shannae Cumberbatch 29:09.2
87 Melissa Butler 29:13.5
88 Amaya Davis 29:13.5
89 Katherine Moore 29:14.1
90 Caroline Deevy 29:18.1
91 Hannah Deevy 29:18.3
92 Daquan Burgess 29:20.5
93 Jennifer Strickland 29:26.9
94 Renee Gilchrist 29:27.5
95 Eimeir Johnston 29:27.6
96 Frances Betts 29:29.5

97 Megan Hands 29:34.4
98 Vanessa Conway 29:39.1
99 Mandy Mizibrocky 29:39.9
100 Samantha Maguire 29:45.1
101 Jennie Kelly 29:53.3
102 Satya Darrell 29:56.5
103 Craig Scott 29:58.4
104 Lesley-Jane Smith 30:12.2
105 Laura Burns 30:16.4
106 Lynn Norman 30:16.8
107 Terri Durrant 30:16.8
108 Emma Norman 30:17.3
109 Daniela Romaine 30:17.9
110 Lynne Rout 30:19.6
111 Natalie Price 30:19.9
112 Kyle Smith 30:23.3
113 Michael Butcher 30:36.1
114 Dawn Farquharson 30:39.4
115 Jai Phillips 30:39.4
116 Brenda Dalida 30:43.3
117 Ivy Manio 30:43.4
118 Paul Dean 30:55.9
119 Lindsay Donovan 31:04.6
120 Daniel Stovell 31:25.9
121 Jenny Faries 31:27.9
122 Nicholas Cooper 31:33.3
123 Nancy Stevens 31:34.0
124 Dale Jackson 31:34.9
125 Sara Darrell 31:47.8
126 Michelle English 31:49.9
127 Kyra Dunstan 32:00.1
128 Hailey Trott 32:08.0
129 Joanna Frith 32:09.3
130 Sarah Robey 32:15.6
131 Jaime Ferrari-Mccomb 32:27.5
132 Dawn Dunstan 32:33.4
133 Carol Griffith 32:38.8
134 Victory Chimbi 32:49.2
135 Semay Evans 33:21.1
136 Luzianne Jones 33:23.7
137 Jennifer Gosse 33:33.6
138 Juliette Ferrari-Mccomb 34:14.1
139 Adam Cenzer 34:16.4
140 Stacy Robinson 34:42.1
141 Sonia Whitter 35:07.5
142 Maria Costello 35:07.6
143 Melissa Boivin 35:27.5
144 Emma Burgess 35:55.9
145 Tamara Davis 36:00.1
146 Sarah Lahoz-Faiella 36:14.5

147 Zalika Furbert 36:19.1
148 Euijah Outerbridge 36:24.4
149 Adam Adamson 36:36.8
150 Melanie Warner 36:53.9
151 Geoffrey Faiella 37:11.3
152 Christopher Perrin 37:19.6
153 Irish Aleria 38:31.1
154 Lalique Simmons 38:35.9
155 Donna Mae Arorash 39:25.5
156 Deborah Moran 39:30.1
157 Toni Greenidge 39:40.6
158 Ayana Smith 39:48.6
159 Karen Walrond 40:26.6
160 Angela Farquharson 40:40.3
161 Shatika Showers 40:43.5
162 Calshae Hill 40:46.8
163 Camia Matthew 40:56.7
164 Terica Esposito 41:02.2
165 Kijuana Musson 41:11.1
166 Camya Matthew 41:13.8
167 Dannielle Furbert 41:35.6
168 Jackie Costello 42:42.3
169 Deann Trott 42:56.6
170 Tanisha Grant 43:34.1
171 Nicole Valadao 44:01.9
172 Gitanjali Gutierrez 44:25.9
173 Shireen Inniss 44:30.4
174 Deanne Burrows 44:40.5
175 Kathy Rossiter 44:42.4
176 Loredana Perrin 45:04.3
177 Vernetta Douglas 46:25.2
178 Sylvia Taylor 46:41.9
179 Gina Butterfield 48:29.4
180 Denise Matthews 48:32.8
181 Candace Matthew 48:39.9
182 Heather Chilvers 49:14.1
183 Leonette Georges 50:23.9
184 Kerri-Ann Blades 51:07.4
185 Kathy-Anne Forde 51:38.5
186 Francine Dill 52:22.4
187 Zeudi Hinds 52:46.1
188 Alicia Skeete 58:07.1

5K Competitive Walk

1 Paul Hayward 33:00.5
2 Wendell Hollis 36:13.6
3 Nancy Andrews-Sousa 36:29.4
4 Viv Palmer 38:16.2
5 Amanda Fubler 38:26.7

6 Linda Down 38:27.1
7 Naomi MacGuinness 40:09.4
8 Arlene MacGuinness 40:14.8
9 Judith Uddin 40:20.8
10 Krista Barnes 40:21.4
11 Steven Ortiz 40:26.5
12 Kenneth Gan 44:17.1
13 Julieta Ocampo 44:20.8
14 Maureen Ryan 46:22.8
15 Laura West-Burt 46:24.1
16 Jefferson G. Halili 47:20.1
17 Lara Burnet 47:55.6
18 Robin Selley 47:55.8
19 Deana Roberts 47:57.1
20 Diana King Dornelley 47:57.3
21 Kim Selley 48:04.1
22 Jayne Burnet 48:04.8
23 Federica Tonon 48:23.3
24 Gerald Rabe 49:45.6
25 Martha Wilks 49:46.6
26 John Bull 54:02.4
27 Deirdre Lohan 54:02.6
28 Jack Bull 54:02.9
29 Maureen Murray 58:56.8