

THE SMASH SPACE BDA (BERMUDA)

BY: A'MYA HARVEY



OUR SLOGAN...

“WHEN IN
DOUBT LET IT
OUT.”

A BRIEF INSIGHT OF THE SMASH SPACE...

THE SMASH SPACE WOULD BE A ROOM FULL OF JUNK LIKE (OLD COMPUTERS, LAPTOPS, TV'S ETC) ALSO SPRAY CAN'S AS WELL AS SPEAKERS. THE ROOMS ARE SOUND PROOF FOR THE USAGE DESTRUCTIVE THERAPY. PROTECTIVE GEAR WILL BE PROVIDED; FACE SHIELD/ HEAD GEAR AND A BODY SUIT.

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THE MISSION AND OF THE SMASH SPACE.....

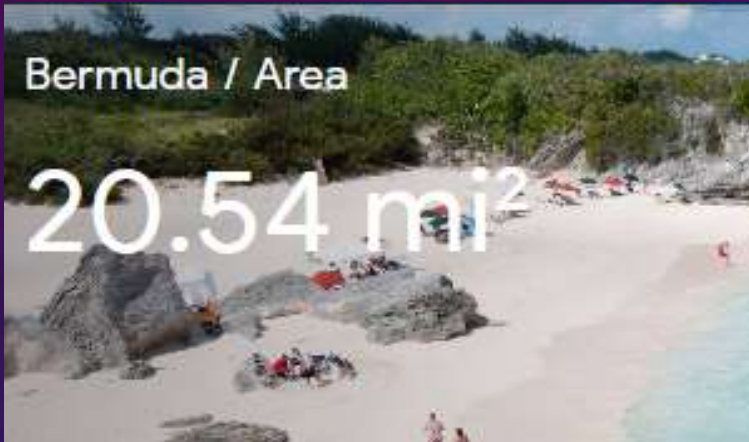
- THE MISSION- TO CREATE A SAFE SPACE FOR PEOPLE COME AND LET THEIR ANGER OUT ON OBJECTS INSTEAD OF HARMING THEMSELVES AND/OR THEIR PEERS. THE SMASH SPACE WILL ALSO OFFER IN PERSON COUNSELING AS WELL AS AN APP SPECIALLY DESIGNED TO GIVE INDIVIDUALS A MORE POSITIVE MINDSET AND VIEW AT LIFE. THE SMASH SPACE WOULD ALSO SELL FIDGET TOYS TO HELP WITH STRESS AND ANXIETY.



THE PURPOSE OF THE SMASH SPACE....

- THE PURPOSE- CREATING A SMASH SPACE TO HELP LOWER THE CRIME RATE AND MAKE BERMUDA A SAFER SPACE. ALSO INCLUDING A HELPFUL APP THAT EASILY ASSESSABLE FOR BOOKING APPOINTMENTS AS WELL AS ONLINE COUNSELLING AND ENCOURAGEMENT. ALSO, TO JUST HAVE A PLACE IN BERMUDA DEDICATED FOR PEOPLE TO VENT THEIR ANGER AND FRUSTRATION.

WHY DOES HAVING A LOWER CRIME RATE MATTER SO MUCH?...



BERMUDA'S ECONOMY RELIES MAINLY ON INTERNATIONAL BUSINESS WITH EXEMPT COMPANIES AS WELL AS TOURISM, SO LOWER CRIME RATES WOULD CREATE A MASSIVE PULL FACTOR FOR FOREIGNERS TO BERMUDA CREATING A BETTER ECONOMY.

DOES DESTRUCTIVE THERAPY ACTUALLY WORK?

LIST OF BENEFITS:

- **A SENSE OF EMPOWERMENT – ANGER CAN SOMETIMES MAKE YOU FEEL HELPLESSNESS AND LACK OF CONTROL OVER A SITUATION. FINING A WAY TO CHANNEL YOUR ANGER CAN HELP TO FEEL LIKE YOU'RE RECLAIMING YOUR EMOTIONS.**
- **A SAFE SPACE TO EXPLORE EMOTIONS- HOWEVER, BOUNDARIES, RULES AND CAMERAS WILL BE IN PLACE TO HELP MANAGE YOUR VENTING PROACTIVELY AND SAFELY.**
- **NON-JUDGMENTAL FREEDOM- USUALLY ANGER AND RAGE AREN'T SOCIALLY ACCEPTABLE. THE DESTRUCTIVE THERAPY CAN HELP TO OFFER A SAFE ALTERNATIVE TO FOCUS ON THESE EMOTIONS WITHOUT JUDGMENT**



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THANK YOU FOR YOUR TIME!

