

NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

### 3 Ways to Order

1. **At Host Site:** we accept Debit Cards & Cash.
2. **Direct Deposit** to the Church Account (HSBC/BNTB)
3. **Orders Placed:** First Church of God

1 First Church Lane  
North Shore Road  
Pembroke HM 14  
Phone: 295-6080



QTY	TYPE	AMT	TOTAL
_____	MENU #1 - FAMILY BOX	x \$55 =	_____
_____	MENU #2 - KIDS HONEY BOX	x \$40 =	_____
_____	MENU #3 - MINI BOX	x \$36 =	_____
_____	MENU #4 - TREE OF LIFE BOX	x \$55 =	_____
_____	MENU #5 - ST. PETER'S FISH BOX	x \$40 =	_____
_____	MENU #6 - HELPING HANDS BOX	x \$55 =	_____
_____	MENU #7 - SUPER PARTY BOX	x \$45 =	_____
ORDER TOTAL		=	_____

### Office Use Only

Date \_\_\_\_\_ Mode of Payment \_\_\_\_\_

Book# Receipt # \_\_\_\_\_ Processed by \_\_\_\_\_

**JANUARY 2017 MENU - DISTRIBUTION DAY - Monday, January 30, 2017 5:30pm -7:30pm**

**All Orders must be completed by Wednesday, January 11, 2017 at 7:30pm**

\*\*\* There will be a 1.75% increase on orders paid using a debit card

# January 2017 Menu

## MENU #1 FAMILY BOX - \$55.00

**Ready to Cook, Choice, Hand Cut Top Round Steak** (24 oz) Great for beef kabobs, pepper steak or London Broil, Beef Kabubs or Pepper Steak

**Tyson Whole Ready To Cook Chicken** (5 lbs)

**Boneless Pork Chops** (4/6 oz) **Ready to Cook Handcut Pork Chops**

**Stouffer's Traditional Meat Lasagna** (36 oz) layers of pasta, herb tomato meat sauce and 3 kinds of cheeses

**Ground Beef** (20 oz) ready to add to your Manwich sloppy Joe Sauce

**Manwich Sloppy Joe Sauce** (16 oz)

**Artisan Sour Dough Ciabatta Rolls** (4/4 oz)

### Veggies and Sides

**Tio Jorge Sliced Sweet Plantain** (20 oz) sliced sweet bananas taste then and will you love'em

**Spaghetti** (16 oz)

**Linguine** (16 oz)

**Prima Qualita Tomato Sauce** (30 oz)

**Twice Baked Potatoes** (30 oz) microwave ready baked potatoes with a buttery flavoring

**4 Way Mixed Vegetables** (28 oz) Green beans, corn, carrots & peas

**Birds Eye Buttered Shells with Corn and Carrots** (36 oz)

**Bagels** could be onion, garlic, sesame, plain flavored ready to toast bagels (6/4.5 oz)

### Dessert

**Friendly's Chocolate Chip Vanilla Ice Cream** (48 oz)

**Sara Lee Pound Cake** (16 oz) a true classical buttery yellow cake

### Dessert

**New York's Original Mini Black & White (half-moon)**

**Cookies** (12 mini cookies/9 oz)

## MENU #2 KID'S HONEY BOX - \$40.00

**Reddi Serve Boneless Wings** (24 oz) fully cooked breaded chicken wing shaped white meat nuggets

**Southern Home Fully Cooked Breaded Chicken Breast Nuggets** (32 oz)

**Golden Crust Jamaican Chicken Patties** (2/5 oz)

**Golden Crust Jamaican Spicy Beef Patties** (5 oz)

**Archer Farms Pepperoni Pizza** (11 oz)

**Ore-Ida Crinkle Cut French Fries** (32 oz)

**Lean Hot Pockets Pretzel Jalapeno Chicken** (2/4.5 oz)

**Stouffer's White Cheddar, Macaroni and Cheese** (8 oz)

**Gwaltney Sliced Turkey Bologna** (16 oz)

**Gwaltney Sliced Salami** (4 oz)

### Breakfast & Snack

**Earthwise Carrot Orange Mango Juice** (59 oz)

**La Yogurt** (4/6 oz) assorted flavors

**Lean Hot Pockets Sausage, Egg and Cheese** (2/4.5 oz)

**Tres Leche Cake** (21 oz) 3 milk white cake with white icing

**Premier Chocolate Protein Shakes** (4/11 oz)

**New York Style Pre-Sliced Bagels with Cream Cheese** (4/4.5 oz)

## MENU #3 MINI BOX - \$36.00

### Main Course

**Boneless Skinless Chicken Breast Cutlets** (11 oz)

**Pork Loin Roast** (12 oz) Ready to cook & season

**80/20 Ground Beef** (16 oz)

**Amy's Cheese Enchilada** (2/9 oz) made with organic tortillas and tomatoes

**Amy's Mexican Casserole** (2/9.5 oz) made with organic corn and beans

**Twice Baked Potatoes** (10 oz) microwave ready baked potatoes with a buttery flavoring

**4 Way Mixed Vegetables** (28 oz) Green beans, corn, carrots & peas

**Rice a Roni Cheddar & Broccoli Flavored Rice** (6 oz) rice, pasta, cheddar cheese and broccoli

### Breakfast & Dessert

**Natures Path Organic Flax Plus Waffles** (6 ct/7 oz) cholesterol free & a great source of omega 3

**Natures Path Pumpkin Spice Waffles** (6 ct/7 oz) omega 3 and a touch of cinnamon and nutmeg

**Sara Lee Pound Cake** (16 oz) moist and delicious all butter pound cake

*And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.*

*John 6:35*

# January 2017 Menu

## MENU #4 TREE OF LIFE BOX - \$55.00

### *Make a Hearty Beef Stew!*

**Ready to Cook Hand Cut Diced Stew Meat** (24 oz)

**3 cheese garlic bread sticks**, soft breadsticks with garlic, cheddar, romano and parmesan cheese

**McCormick Beef Stew Seasoning Mix** (1 oz) spice packet

**Delmonte Diced Tomatoes** (30 oz)

**Pea & Carrots** (28 oz)

**InnovAsian Cuisine Orange Chicken Breast** (36 oz) lightly battered tempura chicken breast coated with a citrus orange sauce (serve 6)

**InnovAsian Cuisine Fried Rice** (36 oz) authentic long grain rice in an eye catching blend of colorful veggies

**Ready to Cook and Season Boneless Skinless Chicken**

**Breasts** (20 oz)

**Ready to Cook and Season Boneless Chicken Thigh**

**Meat** (32 oz)

**Ready to Cook and Season Boneless Skinless Cod Fillets**

(22 oz)

### Sides

**Simplot Legacy Mashed Potatoes** (23 oz) instant mashed potatoes

**Green Giant Niblets Corn in Butter Sauce** (24 oz)

**Whole Green Beans and Julianne Carrots** (16 oz)

### Dessert

**Maple Walnut Danish** (14 oz)

## MENU #5 ST. PETER'S FISH BOX - \$40.00

**10 lb 7-9 oz Jumbo Ready To Cook**

**Boneless Skinless Tilapia Fish**

## MENU #6 HELPING HANDS - SEAFOOD BOX - \$55.00

**Cod Fish Fillets** (22 oz) boneless skinless solid muscle fish fillets, ready to cook & season

**Seabest Black Mussels** (32 oz)

**Boneless Skinless Salmon Fillets** (20 oz)

**Sea Maz Breaded Tempura Shrimp** (3 lbs) premium hand breaded large shrimp (great with your favorite dipping sauces)

**Terra Nova Shrimp Fritters** (14 oz) Bake or fry – these simply taste fantastic

**Terra Nova Cod Fritters** (14 oz) Bake or fry – another great tasting product

**Wild Gulf Raw Shrimp** (20 oz) peeled and devined, ready to cook small white shrimp

## MENU #7 SUPER PARTY BOX - \$45.00

### *Full of Finger Foods*

**Select Servings Ice Glazed Chicken Wings** (2.5 lbs) ready to cook and season

**Sweet Lime & Chili Chicken Kabobs** (11oz/4 pk) white meat chicken seasoned with a sweet chili-lime marinade

**Lemon Herb Chicken Kabobs** (11oz/4 pk) white meat chicken seasoned with a lemon-herb marinade

**Thunder Bay Shrimp Taquitos** (32 oz) large shrimp wrapped in a mini corn tortilla, pan or deep fry serve with your favorite sauce

**Alexia Rosemary and Sea Salt French Fries** (28 oz)

**Medium Cooked, Peeled Shrimp** (16 oz) 31/40 cooked shrimp

**Terra Nova Shrimp Fritters** (14 oz) Bake or fry – these simply taste fantastic

**Terra Nova Cod Fritters** (14 oz) Bake or fry – another great tasting product

**Sara Lee NY Style Classic Cheese Cake** (30 oz)

### Order Dates:

Orders can be placed on the following dates

**Thursday, January 5<sup>th</sup> 4:30pm – 7:30pm (Kingdom Dynamics Bookstore DVD Section)**

**Saturday, January 7<sup>th</sup>, 1:00-5:00pm (Kingdom Dynamics Bookstore DVD Section)**

**Wednesday, January 11<sup>th</sup> 4:00pm-7:30pm (Kingdom Dynamics Bookstore DVD Section)**

### An alternative option for payment:

1. For those who do not have access to a hard copy menu call admin office at 295-6080 to request scanned copy of menu form and account number.
2. Direct deposit in either of our accounts at BNTB/HSBC with the caption **"Tfoodmin/your last name."**
3. Scan back to **info@fcog.bm** or drop off **completed form and copy of bank proof of deposit.**

*Due to product availability items of equal or greater value may be substituted; we are not responsible for items missing after collection.*

**You Must Pick Up Your Food On Distribution Day! Any food left unclaimed after distribution will be donated to others due to lack of refrigeration.**