



SUNDAY, JANUARY 22<sup>ND</sup>, 2017

**RUN & WALK**



Primary & Middle School...Route (2.7K) 9:00am Start  
Senior students and adults...Route (5K) 9:30am Start



**PROCEEDS TO THE BERMUDA HEART FOUNDATION**

Sanctioned by the Bermuda National Athletics Association and supported by Mid Atlantic Athletic Club

Timing supplied by Bermuda Timing Systems

**School Challenge:** The Primary, Middle & Senior school with the most entries will win \$500 & a Jump2B Fit kit.

**Corporate Challenge:** The Company with the most entries will win a prize (to be announced shortly)

**Draw Prizes:** 2 pedal cycles from Winners Edge, Junior Fit Bits from BF&M and many other prizes

**Individual Prizes:**

- |                                       |                                  |
|---------------------------------------|----------------------------------|
| 1st, 2nd and 3rd. Primary Girls       | Primary Boys                     |
| 1st, 2nd and 3rd. Middle School Girls | Middle School Boys               |
| 1st, 2nd and 3rd. Senior Girls        | Senior Boys                      |
| 1st, 2nd and 3rd. Female 18 - 29      | Male 18 - 29                     |
| 1st, 2nd and 3rd. Female 30 - 39      | Male 30 - 39                     |
| 1st, 2nd and 3rd. Female 40 - 49      | Male 40 - 49                     |
| 1st, 2nd and 3rd. Female 50 - 59      | Male 50 -59                      |
| 1st, 2nd and 3rd. Female 60+          | Male 60+                         |
| 1st, 2nd and 3rd. Female Walker       | Male Walker                      |
| 1 <sup>st</sup> B&V Female Runner     | 1 <sup>st</sup> B&V Male Runner  |
| 1 <sup>st</sup> B&V Female Walker     | 1 <sup>st</sup> B &V Male Walker |



**RESULTS WILL BE POSTED ON [www.bermudatiming.bm](http://www.bermudatiming.bm)**

**Entries:** Sign, detach and return form below along with cheques only to the Sportseller **no later than 4.45pm, WEDNESDAY JANUARY 18<sup>TH</sup>, 2017**

**Online entries:** Register online at [www.racedayworld.com](http://www.racedayworld.com) up until 5.00pm January 20<sup>th</sup>, 2017

**Entry Fee:** Secondary students - \$22.00 Primary and Middle School Students - \$15.00  
Adults - \$32.00

**Late entries:** \$42.00 Saturday ONLY at Butterfield & Vallis, Woodlands Road

**N.B.** Race numbers and goody bags should be picked up at Butterfield & Vallis, Woodlands Road from 10.00 a.m. and 2.00 p.m. on Saturday, January 21<sup>st</sup>, 2017

**Race Director:** Terri Durrant at 236-6688 Ext. 416 or 335-4870  
Please ensure that your race form is filled out completely and clearly.  
**CHEQUES SHOULD BE MADE PAYABLE TO MAAC**



**PLEASE PRINT CLEARLY**

Name : (First) \_\_\_\_\_ (Last) \_\_\_\_\_ Male  Female

**IF STUDENT:** Name of School plus please state primary, middle or secondary \_\_\_\_\_

Date of Birth: (month, day, year) \_\_\_\_\_ Age on race day: \_\_\_\_\_ Email: \_\_\_\_\_

Tick One:  2.7K RUN  5K RUN  5K WALK  5K NON-COMPETITIVE WALK

(Please note: COMPETITIVE WALKERS **MUST** WALK the entire distance.)

If you plan to run at anytime, you **MUST** enter the run category)

Telephone number(s): (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

Emergency contact name & number on race day: \_\_\_\_\_

Category : (please circle) Primary Middle Senior 18-29 30-39 40-49 50-59 60+

**Waiver :** In consideration of your acceptance of this entry in the 2017 Butterfield & Vallis 5K Race, I hereby waive and release Butterfield & Vallis, the Bermuda Heart Foundation, Bermuda Timing Systems, the BNAA, and all race officials and other competitors from all claims from injury or damages however incurred during this race. I attest that I am fully fit for this event.

Signed: (By parent/guardian if competitor is under 21) \_\_\_\_\_

[www.racedayworld.com](http://www.racedayworld.com)

**PLEASE NOTE: FOR SAFETY REASONS AND IN COMPLIANCE WITH THE BNNA, STROLLERS ARE ONLY PERMITTED IN THE NON-COMPETITIVE WALK  
T-shirts and goody bags for the first 900 competitors**