



BERMUDA OCCUPATIONAL THERAPY ASSOCIATION

- Provide professional support for Occupational Therapists working in Bermuda
- Conduct ongoing educational activities for members of BOTA
- Publicize the work of the profession and to increase community awareness
- Develop and enforce professional ethics and standards of professional conduct

Charity # 560
Bota.bda@gmail.com

ANNUAL BOTA TAG DAY

Date:
Saturday, October 22

Time:
8am—12 noon

AI Collector's Hill

Heron Bay Marketplace

Phoenix Pharmacy

People's Pharmacy

Lindo's Devonshire

Volunteer at -
<http://signup.com/go/VxEhM>



World Occupational
Therapy Day 2016
OCTOBER 27th



Occupational Therapy

What is it?

Occupational therapy is a client-centered health profession concerned with promoting health and well being through occupation. The primary goal of occupational therapy is to enable people to participate in the activities of everyday life. Occupational therapists achieve this outcome by working with people and communities to enhance their ability to engage in the occupations they want to, need to, or are expected to do, or by modifying the occupation or the environment to better support their occupational engagement. (WFOT 2012)



Where do OTs work?

Occupational therapists work with all age groups and in a wide range of physical and psychosocial areas.

In Bermuda, they are employed by Bermuda Hospitals Board at KEMH and MWI, the Department of Health and Private Practice.

How do OTs help?

Assessment

The occupational therapy process is based on initial and repeated assessments. The occupational therapist together with the person they are working with focus on individual and

environmental abilities and problems related to activities in the person's daily life.

Assessment includes the use of standardized procedures, interviews, observations in a variety of settings and consultation with significant people in the person's life.

Planning

The results of the assessment are the basis of the plan which includes short and long-term aims of treatment. The plan should be relevant to the person's development stage, habits, roles, life-style preferences and the environment.

Intervention

Intervention focuses on programs that are person oriented

and environmental. These are designed to facilitate the performance of everyday tasks and adaptation of settings in which the person works, lives and socializes. Examples include teaching new techniques and providing equipment which facilitate independence in personal care, reducing environmental barriers and providing resources to lessen stress.

Cooperation

Occupational therapists recognize the importance of teamwork. Cooperation and coordination with other professionals, families, caregivers and volunteers are important in the realization of the holistic approach.

(WFOT, 2016)



World Occupational
Therapy Day 2016
October 27th

The World Federation of Occupational Therapists (WFOT) is the international voice of the occupational therapy profession which globally comprises of 92 national occupational therapy professional organiza-

tions. World Occupational Therapy Day is the opportunity to heighten the visibility of the profession's development work and to promote the activities of WFOT locally, nationally, and internationally.

BOTA is an associate member of WFOT. BOTA is celebrating World OT Day by fundraising to support and promote the profession. Including future Bermuda Occupational Therapists! **Let's celebrate all our Bermuda Occupational Therapists!**