

Public Health Awards 2013

Public health is what a community does to make sure its residents are healthy. Public health is a latent force at the heart of much of Bermuda's day-to-day functioning. Public Health Week which includes **World Health Day** provides a unique opportunity to promote actions that can improve our health. This year's **World Health Day** theme is Hypertension with the slogan ***Do You Know Your Blood Pressure Numbers?*** Hypertension or high blood pressure, is a public health concern not only in Bermuda but worldwide. Hypertension is a risk factor for non-communicable diseases (NCDs) such as cardiovascular disease, cerebrovascular disease and chronic kidney disease. However, hypertension is both preventable and treatable.

There are many individuals and organizations in Bermuda that promote the prevention of NCDs. The Department of Health wishes to recognise those that contribute to the prevention of NCDs by reducing risk factors such as overweight/obesity, high blood pressure, raised blood glucose, raised blood cholesterol, tobacco use and physical inactivity.

If you know an individual or organisation that has contributed significantly to public health by offering Prevention and Wellness programmes or services to prevent NCDs by reducing risk factors, you are invited to nominate them for a Public Health Award.

Nominations must be submitted by **26th March 2013**. Nominations will only be considered if:

- the Public Health Awards Nomination Form is completed
- the Form is received by the Health Promotion Office by 26th March 2013
- the nominees fulfil all the criteria detailed below

Recipients of the Public Health Award will be selected by the Public Health Awards Committee.

Guidelines

This year the Public Health Awards will recognise an individual and an organisation that has contributed significantly to public health by offering Prevention and Wellness programs or services to prevent non-communicable diseases by reducing risk factors.

Criteria: Nominees whose actions have made a significant contribution to public health by offering Prevention and Wellness programs or services to prevent non-communicable disease by reducing risk factors, will be considered for the Public Health Awards 2013. Nominees must meet the following criteria:

1. The individual nominated has made a real difference in promoting Prevention and Wellness.
2. Nominee must be currently working with Bermuda's population in Prevention and Wellness.
3. Nominee has gone **above and beyond** the call of duty.
4. Nominee "Thinks outside of the box" to find creative ways to be effective.
5. Nominee's actions have sustained impact and contributions to positive health outcomes.
6. Nomination reached the Health Promotion Office by 26th March 2013 on appropriate form.

NOTE: Nominations may be submitted by any individual; however, persons with executive or managerial positions cannot nominate themselves. This is to ensure a fair process.

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Nomination Form

PLEASE PRINT

Individual

Organisation

Name of nominee: _____ Position of Individual _____

Nominee's phone: _____ Email: _____

Nominee's address: _____

How has nominee made a difference in promoting Prevention and Wellness?

Is nominee currently working in Prevention and Wellness? Tick: Yes No

How did nominee go above and beyond the call of duty?

How were nominee's contributions different or creative?

How did nominee's actions make a difference?

SUBMITTED BY

Name: _____ Date: _____

Phone number: _____ Email: _____

Please return form to the Health Promotion Office by 26th March 2013:

Suite 203, Melbourne House PO Box HM 1195

11 Parliament Street, Hamilton HM 12 Hamilton HMEX

Tel: 278-6504 Fax: 296-3283

Email: healthpromotion@gov.bm