

# Walker/Non-timed Runners Entry Form



## Lindo's to Lindo's 4-MILE WALK

Start time:  
Competitive Walkers  
8:30am  
Fun Walkers 8:35am

**Sunday, March 10, 2013**  
(Remember Daylight Savings!)

Organized by Mid Atlantic Athletic Club & Sanctioned by Bermuda National Athletics Association  
Race Directors: Candace Roach – [candaceroach2@hotmail.com](mailto:candaceroach2@hotmail.com) and Carole Collard – [carole.collard@deloitte.bm](mailto:carole.collard@deloitte.bm)

### Walker/Non-Timed Runners Entry Form

Please put form and fees in sealed envelope. No staples PLEASE. Checks payable to MAAC.

Name (please print).....

Male  Female                      Age on Race Day .....

Competitive Walk   or    Fun Walk   or    Non Competitive Run

Company (Corporate Challenge): .....

School (juniors only): .....

Telephone Number: ..... Email: .....

I have included a registration fee of    Please circle:    \$30 (adult) or \$20 (junior)

Yes, I've included a donation in addition to registration fees to Bermuda Diabetes Association of \$ .....

Emergency Contact & Phone Number: .....

In consideration of your acceptance of this entry in the Lindo's to Lindo's Race, I hereby waive and release Lindo's Market, Lindo's Family Foods, their employees, Mid Atlantic Athletic Club and their officials, Bermuda National Athletics Association, The Bermuda Diabetes Association, Bermuda Timing Systems, race officials and other participants from claim for injuries or damages however sustained during this event.

.....  
Signed (Parent or Guardian if participant is under 18 years of age)

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Print Name of Guardian if participant is under 18

