



Sunday, January 27th, 2019

NewYork-
Presbyterian

RUN & WALK

Lower Primary (1K route) 8.30am Start
Primary & Middle School...Route (2.7K) 9:00am Start
Senior students and adults...Route (5K) 9:30am Start



PROCEEDS TO THE BERMUDA HEART FOUNDATION

Sanctioned by the Bermuda National Athletics Association and supported by Mid Atlantic Athletic Club

School Challenge: The Primary, Middle & Senior school with the most entries will win \$500 & a plaque

Corporate Challenge: The Company with the most entries will win a plaque and Sportseller voucher

Prizes include: 2 pedal cycles from Winners Edge, Fit Bits from BF&M and Sportseller vouchers

Individual Prizes: 1st, 2nd and 3rd Lower Primary Girls/Boys



1st, 2nd and 3rd. Primary Girls/Boys, Middle School Girls/Boys, Senior Girls/Boys

1st, 2nd and 3rd Female 18 - 29, 30 - 39, 40 - 49, 50 - 59, 60+ and walker

1st, 2nd and 3rd Male 18 - 29, 30 - 39, 40 - 49, 50 - 59, 60+ and walker

1st B&V Female Runner & Male Runner

1st B&V Female Walker & Male Walker



RESULTS WILL BE POSTED ON www.bermudatiming.bm



Entries: Sign, detach and return form below along with cheques only to the Sportseller **no later than 4.45pm, Wednesday, January 23rd, 2019.**

Online entries: Register online at www.racedayworld.com up until **6.00pm January 25th, 2019**

Entry Fee: Primary, Middle and Secondary students - \$15.00

Adults - \$35.00

Late entries: \$40.00 Saturday ONLY at Butterfield & Vallis, Woodlands Road

N.B. Race numbers and goody bags should be picked up at Butterfield & Vallis, Woodlands Road from **10.00 a.m. and 2.00 p.m. on Saturday, January 26th, 2019**

Race Director: Terri Durrant at 236-6688 Ext. 416 or 335-4870



CHEQUES SHOULD BE MADE PAYABLE TO MAAC

PLEASE PRINT CLEARLY AND FILL OUT FORM COMPLETELY

Name : (First) _____ (Last) _____ Male Female

IF STUDENT: Name of School plus please state primary, middle or secondary _____

Date of Birth: (month, day, year) _____ Age on race day: _____ Email: _____

Tick One: 1K RUN 2.7K RUN 5K RUN 5K WALK 5K NON-COMPETITIVE WALK
(Please note: COMPETITIVE WALKERS **MUST WALK** the entire distance)

Telephone number(s): (H) _____ (W) _____ (Cell) _____

Emergency contact name & number on race day: _____

Category : (please circle) Lower Primary Primary Middle Senior 18-29 30-39 40-49 50-59 60+

Waiver : In consideration of your acceptance of this entry in the 2019 Butterfield & Vallis 5K Race, I hereby waive and release Butterfield & Vallis, the Bermuda Heart Foundation, Bermuda Timing Systems, the BNAA. and all race officials and other competitors from all claims from injury or damages however incurred during this race. I attest that I am fully fit for this event.

Signed: (By parent/guardian if competitor is under 21) _____

www.racedayworld.com

PLEASE NOTE: FOR SAFETY REASONS AND IN COMPLIANCE WITH THE BNAA, STROLLERS ARE ONLY PERMITTED IN THE NON-COMPETITIVE WALK

T-shirts and goody bags for the first 1,000 competitors. Medals for the first 1,000 finishers.