

COMMUNITY EDUCATION AND DEVELOPMENT PROGRAMME

Department of Community and Cultural Affairs

REGISTER ONLINE AT
www.communityed.gov.bm



SPRING TERM 2014

REGISTRATION:

Monday, 7 April 2014 – Thursday, 17 April 2014



GOVERNMENT OF BERMUDA
Ministry of Community, Culture and Sports
Department of Community and Cultural Affairs
Community Education and Development Programme



**Department of Community and Cultural Affairs
Community Education and Development Programme Team**



Heather Whalen
Senior Community and Cultural
Affairs Officer



Patricia Chapman
Executive Officer
pchapman@gov.bm



Lynn Stephenson
Liaison Officer – Central Area
llstephenson@gov.bm



LaVerne Simmons
Coordinator – Central Area
lcsimmons@gov.bm



Tracy Jordan
Coordinator – Eastern Area
tjordan@gov.bm



Susan Bailey
Programme Assistant – Eastern Area
sdbailey@gov.bm



Leslie-Ann Rochester
Programme Assistant – Western Area
larochester@gov.bm



Valerie Wright
Secretary – Western Area
vwright@gov.bm

Ministry of Community, Culture and Sports



MINISTER'S FOREWORD

The Community Education and Development Programme remains committed to improving the well-being of the people of Bermuda by assisting in the empowerment, growth and development of individuals, families and organizations. The objectives are to provide course options throughout the community, increase the use of school facilities, work strategically with non-government agencies and increase participants' community involvement.

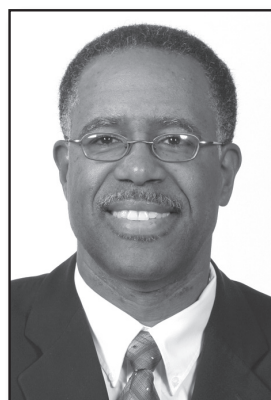
This Spring term, we invite you to participate in our diverse range of educational, social, recreational and cultural course offerings that help to foster life-long learning. New evening courses offered this term include: Parent Workshops, Up-grading English and Mathematics, Retraining and Retooling Knowledge Based and Practical Skills, Personal Development and Employability Skills, Soft and Hard Skills Training for Adults, Stress Management, International Computer Drivers License (ICDL), Portfolio Building, Fitness and Nutrition Life-Style, Water Aerobics, Wellness Seminars, Words of Faith, Community Book Club, Blue Flag Certification, Tri-Trades, Youth Electronics, Project Action for Seniors and the like. There is something for everyone.

Our purpose is to promote community participation, increase people's sense of belonging, and foster self-empowerment for personal and professional growth and development.

Together we can make a positive difference!

The Hon. R. Wayne Scott, JP, MP

Minister of Community, Culture and Sports



Wayne Carey
Permanent Secretary

MISSION STATEMENT

The Department's mission is to educate the community and foster a greater sense of identity through an appreciation of Bermuda's culture and heritage.



SPRING TERM 2014

REGISTRATION INFORMATION

REGISTRATION

Monday, 7 April 2014 – Thursday, 17 April 2014

REGISTRATION HOURS

All offices will be open for registration Monday – Thursday 8:45 a.m. – 5:00 p.m.; Friday 8:30 a.m. – 4:45 p.m.

SPRING TERM PROMOTIONAL OFFER – Register from Monday, 7 April – Thursday, 17 April 2014. Pay for first course you, a friend or family member will receive half price off the second course.

LUNCH TIME REGISTRATION LOCATION

Outreach registration Monday, 7 April 2014 – Thursday, 17 April 2014

Washington Mall 12 noon – 2:00 p.m.

ONLINE REGISTRATION – Must have a valid credit card and e-mail address.

MAIL IN/FAX/CREDIT CARD/TELEPHONE And WALK-IN REGISTRATION

Monday, 7 April 2014 – Thursday, 17 April 2014 at all offices

Registration by fax to one centre ONLY: Eastern 297-0386, Hamilton 292-7786, Warwick 236-1980.

CLASSES BEGIN

Week of Monday, 28 April 2014

CLASSES END

Week of 16 June 2014 (8 week courses)

CLASS SCHEDULING

Half-Term weeks 1 – 4, 28 April – 23 May 2014

Weeks 5 – 8, 26 May – 20 June 2014

A 24-HOUR DROP-OFF BOX FOR REGISTRATION IS LOCATED AT ALL THREE CEDP OFFICES.

Community Education and Development Programme: St. George's Office

2 Westcott Road, Southside, St. David's

Tel: (441) 297-0892 or 297-0007 Fax: (441) 297-0386

Hamilton Office

81 Court Street, Hamilton

Tel: (441) 292-7735 Fax: (441) 292-7786

Warwick Office

72 Middle Road Warwick

Tel: (441) 236-2019/236-0829/236-5411 Fax: (441) 236-1980

GENERAL PROCEDURES

COORDINATORS' CONTACT INFORMATION

Coordinators will be available to assist you the first night of class. Coordinators are responsible for site-based management and supervision of instructors and participants. Coordinators may be contacted at their respective community school locations Monday to Thursday 8:45 a.m. to 1:00 p.m. and Friday 8:30 a.m. to 4:45 p.m.

CLASS CANCELLATION / REFUND POLICY

There will be no refunds of tuition once you have registered unless classes have been cancelled. Students assume the risk of changed personal matters and health. A class may be cancelled if minimum enrolment is not met. Every effort is made to notify students when a class is cancelled. A full refund is automatically processed on cancelled class/es only, and students will receive a refund from the Accountant General. If the CEDP office has not received a decision regarding transfer/refund by Friday before classes begin, a refund will automatically be processed. Students may not audit classes. Registration will not be accepted after start of the second week of classes. For ease of use credit card refunds will be processed within seven working days after notification of cancelled class. Cash and cheque refunds will be processed within 15 – 20 working days after notification of a cancelled class. **Proof of ID will be required i.e. bank statement or copy of bank card for cash and cheque refunds.** Refunds are processed through the Accountant General's Department.

FEES

All cheques are to be made payable to the Accountant General. American Express cards are NOT accepted. A \$10 fee will be applied to all one-off sessions. A \$10 administration fee will be applied for voluntary changes or transfer of classes. All courses that are in italics signify a separate second course. **Golden Agers register for free, for the first day of registration only.**

ALCOHOL AND DRUG-FREE POLICY

All Government buildings are designated as smoke and drug-free. Therefore smoking and/or drinking of any illegal substance is not permitted during class times or on the premises.

CLASS ATTENDANCE

Classes may **NOT** be audited. Applicants must register at any of the three CEDP offices BEFORE attending class. Please refrain from bringing minor children to adult classes.

DISCLAIMER

Fees do not include accident insurance. The Community Education and Development Programme does not assume any liabilities, and absolves itself and personnel of any legal action for any damage or personal injuries, caused to instructors or participants in courses whilst on property in question at which aforementioned programmes are conducted.

N.B. Classes require minimum enrolment. However, in order to better serve and accommodate the community, CEDP will occasionally run a class short of the minimum. In such cases, the class may run for fewer weeks than advertised. The instructor will be informed and will then inform students at start of class. CEDP does not prorate fees in such cases.



BOOKS, MATERIALS and SUPPLIES

Textbooks, materials and supplies are available from the St. George's, Warwick and Hamilton offices, and can be bought from Monday, 28 April 2014 from 8:45 a.m. to 4.45 p.m. Books and supplies will not be available after the second week of class.

Check the schedule to find out whether books are required for class. Instructors occasionally suggest supplies or books not noted on the schedule or included in the registration fee. There will be a charge for some photocopied materials.

Students enrolled in cooking classes are required to bring take-away food containers, aprons, dishcloths or towels and ingredients to all cooking classes. All cooking classes begin on the second night of class unless otherwise stated. Recipes will be handed out on the first night of class. Material fees are not included in registration fee unless noted in the schedule. **Ingredients will be provided for the first night of class only.**

GOLDEN AGERS (65+ YEARS)

Golden Agers may register for a \$10 fee except for computer and some specialized classes a fee of \$50 will be charged. This applies to tuition only. There may be separate charges for books, materials and supplies. Golden Agers register for free, the **first day** of registration only with the exception of computer classes. Limited spaces are available.

STUDENTS

Primary, middle and senior secondary school students may register for a nominal fee of \$50.

CLASS LOCATIONS and TIMES

Assigned classes are subject to change. Community classes are held during the Government school holiday mid-term breaks, with the exception of Halloween. Notification and advice may be obtained from the office staff. Coordinators will be available to assist you the first night of class. Coordinators are responsible for site-based management and supervision of instructors and participants. Coordinators may be contacted at their respective community school offices Monday to Friday 8:45 a.m. to 1:00 p.m.

CERTIFICATES

Students are required to attend six of eight classes or miss no more than two classes in order to obtain a Certificate of Completion.

GENERAL INFORMATION

Community Education classes are offered on a non-credit basis. These 'life-long learning' classes allow individuals of all ages the opportunity to explore new fields, sharpen professional skills, and enrich their personal lives. The Community Education and Development Programme strives to present classes that meet both the needs and desires of the community.

PRE-REQUISITE FOR INSTRUCTORS'

The Community Education and Development Programme, in partnership with the Department of Education, offers these classes using Government school facilities for all residents of the community. Instructors are people in the community who have exceptional knowledge, skill and experience about a given subject. College degrees are not necessarily required.

AFFILIATIONS

International Community Education Association (ICEA)

Institute for Community Education International Academy (INAgmbli)

Free University for Berlin, Koenigin-Luise-Strasse
24-261-14195 Berlin, Germany

National Center for Community Education

1017 Avon Street Flint, Michigan 48502, U.S.A.

Region 2 South East & Caribbean

Honda of South Carolina, 1111 Honda Way, Timmonsville
South Carolina 29161, U.S.A.

Bermuda Community Education Advisory Council

72 Middle Road, Warwick WK 07, Bermuda.

Proof of ID will be required i.e. bank statement or copy of bank card for cash and cheque refunds.



LUNCH TIME REGISTRATION LOCATION

Outreach registration
Monday, 7 April 2014 -
Friday, 17 April 2014
Washington Mall
12 noon – 2:00 p.m.

SPRING TERM PROMOTIONAL OFFER:

**REGISTER FROM MONDAY, 7 APRIL -
THURSDAY, 17 APRIL 2014. PAY FOR FIRST
COURSE YOU, A FRIEND OR FAMILY
MEMBER WILL RECEIVE HALF PRICE OFF
THE SECOND COURSE.**

"After 4 weeks of boot camp I see a big difference in myself not just in my weight and inches lost but also on how much physical strength and endurance I have now." - Darlene



COMMUNITY SCHOOLS COURSES LISTED BY AREA

EASTERN AREA ALL CLASSES WILL BE HELD AT CLEARWATER MIDDLE SCHOOL, UNLESS OTHERWISE STATED, STARTING 28 APRIL

ARCHERY **\$80**

Learn how to master a safe approach to a sport that is as old as time. Experience the unique thrill of target archery – a terrific way to enjoy yourself while developing your skills. Physical, emotional or mental disabilities must be made known to the instructor prior to starting course. Limited enrolment. Students must be at least 16 years old.

This is a 5 week course.

DAY	INSTRUCTOR	TIME	VENUE
Sun	P. Harshaw	3:00 – 5:00 p.m.	Southside Softball Field

AVIATION **\$10**

Learn how you can acquire your pilot licence. Gain knowledge about the field of aviation along with the courses and examination needed. This one-off session is scheduled for 31 May 2014.

DAY	INSTRUCTOR	TIME
Sat	P. Wilson	11:00a.m – 12:00p.m.

BASIC ENGLISH AND WRITING **\$100**

Students will review basic reading comprehension, i.e. grammar usage, writing in different genres. The first hour will consist of reading and the second will be writing and grammar.

DAY	INSTRUCTOR	TIME
Thurs	E. Kelly	6:00 – 8:00 p.m.

NEW BODY FLEX AND FIRM **\$60**

This course can strengthen and firm your entire body with a series of movements that are designed to put the body in proper alignment. It will also enhance the effectiveness of your entire workout which incorporates elements of Pilates and yoga. Students are required to bring a towel and a bottle of water to class. *This is a 5 week course.*

DAY:	INSTRUCTOR	TIME
Wed	D. Adams	6:15 – 7:15 p.m.

VENUE
St. George's Youth Centre

BODY SCULPTING **\$60**

Introduces exercise techniques to improve overall physical fitness. The course emphasizes the interaction between muscular strength, endurance and flexibility. This course also focuses on blending together different combinations and sequences of exercises while conditioning the entire body. Students must wear exercise clothing and bring a towel and water to class.

DAY	INSTRUCTOR	TIME
Tues	C. Foggo	6:30 – 7:30 p.m.
Thurs	C. Foggo	6:30 – 7:30 p.m.

VENUE
Evolutions Gym, St. David's

CARDIO BLAST **\$60**

Come challenge your body through cardiovascular drills and strength training designed to burn fat and calories and get you fit and toned! Each one-hour class will improve your endurance, strength, flexibility and leave you focused and refreshed. Students are required to bring a towel and water to class.

DAY	INSTRUCTOR	TIME
Mon	Q. Francis	6:30 – 7:30 p.m.
Wed	Q. Francis	6:30 – 7:30 p.m.

VENUE
Evolutions Gym, St. David's

CARDIO TENNIS **\$75**

Cardio tennis is a high-energy fitness activity that combines the best features of the sport of tennis with cardiovascular exercise, delivering the ultimate, full body, calorie burning aerobic workout. It is a very social and fun class for players of all ability levels taught by a tennis teaching professional. Students are required to bring racquets and water to class.

DAY	INSTRUCTOR	TIME
Sat	R. Douglas	10:00 – 11:00 a.m.

VENUE
Grotto Bay Tennis Courts

CARPENTRY FOR WOMEN II **\$100**

This course is designed for women who have experience in carpentry and want to advance their skills. A medium-sized project will be completed in this course. Prerequisite: Prior permission from Instructor.

Day	INSTRUCTOR	TIME
Tues	A. Hunt	6:30 – 9:00 p.m.

VENUE
Southside, St. David's

CARPENTRY: BASIC **\$100**

This course will introduce you to carpentry by teaching the fundamentals of the trade. Skills learned will include safety, types of equipment, measuring and creating a project. The project will be completed in part two of this course.

DAY	INSTRUCTOR	TIME
Mon	A. Hunt	6:30 – 9:00 p.m.

VENUE
Southside, St. David's

**Golden Agers register for
free, for the first day of
registration only.**

COMPUTER: MICROSOFT OFFICE SUITE BEGINNERS

\$100

This is an introductory course and will cater to people who have basic computer knowledge. Students will learn how to use this software to create letters, spreadsheets and presentations. Students are required to bring a flash drive to class.

DAY	INSTRUCTOR	TIME
Mon	G. Swan	6:00 – 7:30 p.m.

COMPUTERS: INTRODUCTION TO MICROSOFT PUBLISHER

\$100

Microsoft Publisher 2010 is a software application that is designed to create brochures, newsletters, flyers and business cards. Prerequisite: Microsoft Word. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Wed	W. Douglas	6:00 – 7:30 p.m.

COMPUTERS: iPad I

\$60

Are you the lucky owner of an iPad? Now learn all the advantages to this new device. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Tues	W. Douglas	6:00 – 7:00 p.m.

COMPUTERS: QUICKBOOKS PRO 2012

\$100

This course will cover setting up a company, working with lists, e.g. customers, vendors, etc. The student will also learn how to set up inventory, deal with company and employee lists, customize fields, sell products, work with bank accounts, etc. Prerequisite: Must be familiar with Microsoft Office. Textbook and USB flash drive are required for this course. Cost of textbook \$95.

DAY	INSTRUCTOR	TIME
Thurs	Q. Francis	6:00 – 8:00 p.m.

COOKING: FUNDAMENTALS OF COOKING

\$80

This course will introduce you to the trade of culinary arts by teaching the fundamentals of cooking. Skills learned will include knife skills, basic cooking methods, making sauces, emulsions and the essentials of food safety. Supplies and ingredients will be given before start of courses. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	R. Richardson	6:30 – 8:30 p.m.

COOKING: 40 MINUTE MEALS

\$80

You can make impressive and delectable meals at home in less than it takes to get takeout. Create meals that the whole family will love. Learn how to prep for meals in 40 minutes. Students are required to bring ingredients to class. Please bring containers to take away cooked food. Ingredients list will be available before start of class. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Thurs	S. Richardson	6:30 – 8:30 p.m.

COOKING: VEGETARIAN CUISINE

\$80

This course will offer healthy tips and alternative eating habits, show techniques for cooking vegetarian products, and present delicious and appetizing recipes easy enough to follow and do at home. Students are required to bring ingredients to class. Please bring containers to take away cooked food. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	P. Greyson	6:30 – 9:00 p.m.

NEW CREATING YOUR PORTFOLIO FOR TODAY'S WORK ENVIRONMENT

\$80

This programme is designed to prepare jobseekers to develop a portfolio for the new workplace. Participants will learn how to enhance, update and develop their employment portfolio. Participants must bring the following documents to the first session: résumé, cover letter, personal interest letter, certificates, organization affiliate letter, character references, credit check letter, and police background check letter. A guest speaker will be invited to share the employer's perspective required of the 21st Century work environment. This 3-night workshop is scheduled for 29 April, 6 and 13 May 2014.

DAY	INSTRUCTOR	TIME
Tues	S. Emery	6:00 – 8:00 p.m.

CROCHET AND KNITTING

\$80

Whether you are a beginner or a more experienced needle crafter, you will find this class relaxing. What a fun way to learn a new skill and share time with others while crocheting and knitting those socks, bags and other holiday gifts. All levels invited. Materials and supplies are not included.

DAY	INSTRUCTOR	TIME
Thurs	F. Wilkinson	6:00 – 8:00 p.m.

NEW DANCE: FUSION FITNESS

\$65

Dance Fusion Fitness is a combination of technical dance forms and creative movements to inspire through learning.

DAY	INSTRUCTOR	TIME
Thurs	J. Easton-Vanderpool	6:30 – 8:00 p.m.

DIGITAL CAMERA TECHNIQUES

\$80

The course is for beginners and persons wishing to improve their photography skills. Topics will include camera controls, types of cameras, lighting, composition, landscape, portraits, nature, close-up and matting and framing. Field trips will be included in this course. Students should bring their own camera to class.

DAY	INSTRUCTOR	TIME
Tues	N. Trott	6:30 – 8:00 p.m.

DO-IT-YOURSELF HOME REPAIR FOR WOMEN

\$80

This class is designed for women who want to learn how to do simple repairs and maintenance around the home. This course will cover the use of basic tools and materials, common repairs to walls, floors, windows and doors. Students will also learn how to install a dimmer switch, fix leaky faucets and replace bathroom fixtures. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Wed	C. Wellman	7:00 – 8:30 p.m.

ELECTRONIC AND ENERGY INVENTORS SERIES

\$80

Explore the history of energy production and technology invention. Be inspired to make your own "technology" using the Arduino ecosystems with a focus on pulse motor design. Materials and supplies not included.

DAY	INSTRUCTOR	TIME
Wed	H. Matthie	6:00 – 8:00pm

"Hola, my instructor is patience and knows how to pace his Spanish." – Troy Thompson

7

NEW FITNESS: EXTREME \$60

Extreme Fitness is an intense interval training session geared for you to work at your own pace, but challenging you to improve your fitness level. A cardio/toning session that will boost your start today!

DAY	INSTRUCTOR	TIME
Tue	T. Franks	5:45 – 6:30 a.m.
Thurs	T. Franks	5:45 – 6:30 a.m.

VENUE

Evolutions Gym, St. David's

GENEALOGY \$60

This is a beginner's course focusing on local genealogy. Students will learn how to trace their families past using local resources and network with other genealogists. Students will also be taught how to put their ancestry into cultural and historical contexts. Please bring pen and paper to class. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Tues	L. Junos	6:00 – 8:00 p.m.

GETTING IN THE DOOR

THE COVER LETTER, RÉSUMÉ AND THE INTERVIEW \$60

Join in on this three part series. This course will assist you in formulating a résumé, cover letter and prepare you for an interview. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Tues	D. Bean	6:30 – 7:30 p.m.

HAIR CARE TECHNIQUES FOR NATURAL HAIR \$60

Learn how to care for all styles of natural hair including braiding with and without extensions, designing twists, creating cornrows, and Nubian knots. Students will receive tips on appropriate natural hair care products. Instructor is a salon owner and is a licensed, professional hair technician. Students are required to bring their own materials, mannequin head and supplies to class. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Tues	J. Williams	6:00 – 8:00 p.m.

INTRODUCTION TO CHESS \$70

The game of chess is over 1,300 years old and is one of the most popular games in the world. This two-person board game simulates a battle between two opposing armies. Students will learn the history and the rules of the game. Students are required to bring their chessboard to class. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Thurs	S. Mello	6:00 – 7:00 p.m.

INTRODUCTION TO SPANISH \$80

This course offers basic practice in comprehension and pronunciation of the spoken language, with emphasis on oral communication, and introduction to basic grammatical concepts, reading concepts and vocabulary skills.

DAY	INSTRUCTOR	TIME
Wed	V. Booth	6:30 – 8:30 p.m.

**Golden Agers register for
free, for the first day of
registration only.**

NEW JUICING FOR WELLNESS \$70

Raise a glass to a vitamin-packed diet with fruit and vegetable juice blends, from carrot-orange to nothing but greens. Juicing is an easy, delicious and most important food lifestyle for your body! This one-off session is scheduled for 30 April 2014. Limited enrolment. Ingredients will be provided.

DAY	INSTRUCTOR	TIME
Wed	K. Pitcher	6:30 – 8:00 p.m.

KICKBOXING \$60

This is a slow version that will challenge your body through cardiovascular drills and strength training designed to burn fat, calories and gets you fit and toned. This one-hour class will improve your endurance, strength, flexibility and leave you feeling focused and refreshed. Students are required to bring a towel and water to class.

DAY	INSTRUCTOR	TIME
Sat	T. Franks	9:00 – 10:00 a.m.

VENUE

Evolutions Gym

NEW LINE DANCING \$70

Kick up your heels and have a great time in this fun, stress-free class. Enjoy a variety of wonderful rhythmic music as you exercise, dance and meet new friends. Work off extra calories and invigorate your body and mind. No partner needed. No dance experience required.

DAY	INSTRUCTOR	TIME
Wed	W & J Ingham	6:30 – 7:30 p.m.

NEW PILATES FOR HEALTH \$70

This full-body fitness class will strengthen, lengthen, and tone your muscles, while at the same time improve your flexibility, posture and overall daily activities. The core principles of Pilates and modification options make this class ideal for all experience levels.

DAY	INSTRUCTOR	TIME
Wed	Bda Integrative	6:30 – 7:30 p.m.

Health Co-op Ltd.

VENUE

Champion Academy of Martial Arts
Somers Wharf, 2nd Floor
4 Water Street, St. George's GE 05

QUILTING FOR FUN \$80

Learn how to make various sized objects, i.e. table runners, blankets and cushions. Materials and supplies are not included. A list of materials will be made available before first class. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	B. Waterson	6:30 – 8:30 p.m.

SELF-DEFENCE \$70

This course will teach students how to prevent an attack from happening to them and defend themselves. Learn how to quicken your reflexes, escape from holds, and maneuvers. Feel good about yourself and have confidence in all aspects of life.

DAY	INSTRUCTOR	TIME
Sun	P. Bailey	12:00 – 1:00 p.m.

VENUE

St. George's Preparatory School

SQUASH

\$75

Come join in this highly interactive sport that is played all over the world. Learn the rules and challenges of being a great player.

DAY	INSTRUCTOR	TIME
Sat	M. Caines	10:00 – 11:00 a.m.

VENUE

Bda. Squash Club

TENNIS FOR BEGINNERS

\$75

Wear comfortable clothing and tennis shoes. Students are required to bring racquets and water to class.

DAY	INSTRUCTOR	TIME
Wed	R. Douglas	7:00 – 8:30 p.m.

VENUE

Grotto Bay Tennis Courts

TENNIS FOR THE ADVANCED

\$80

Wear comfortable clothing and tennis shoes. Students are required to bring racquets and water to class.

DAY	INSTRUCTOR	TIME
Tues	R. Douglas	7:00 – 8:30 p.m.

VENUE

Grotto Bay Tennis Courts

TILING

\$105

Hands-on course in tiling floors, walls, etc. Practical knowledge will be gained. This is a great course for the do-it-yourself homeowner. First class will be held at Clearwater Middle School. List of materials required for participants to buy will be provided during first class.

DAY	INSTRUCTOR	TIME
Sat	S. Bean	10:00 a.m. – 1:00 p.m.

WORDS WITH FRIENDS

\$60

Come join in the fun by increasing your vocabulary to get those high scoring words on all social media and board games. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	D. Burgess	6:00 – 7:00 p.m.

YOGA FOR THE ADVANCED

\$75

Stretch, strengthen, relax, rejuvenate – this class will focus on traditional yoga to build strength and flexibility of the body, massage and tone internal organs, develop focus, willpower, discipline, consistency, and cultivate the ability to relax at will.

DAY	INSTRUCTOR	TIME
Wed	R. Thomas	6:00 – 7:00 p.m.

WATER AEROBICS

\$60

This is a fitness programme designed for the water and includes the regular aerobic muscular conditioning along with exercises to stretch your body. This course also includes flexibility exercise and cardiovascular conditioning, strengthening and toning. *Students are required to bring a towel to class.*

DAY	INSTRUCTOR	TIME
Thurs	D. Adams	8:00 – 9:00 a.m.
Sat	D. Adams	8:00 – 9:00 a.m.

VENUE

St. George's Club Pool

ZUMBA

\$65

Zumba fuses Latin rhythms and easy-to-follow moves to create a dynamic fitness programme that will blow you away. We want you to want to work out, to love working out, and to get hooked. You will achieve long-term benefits while experiencing an hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

DAY	INSTRUCTOR	TIME
Tues	C. Simmons	6:30 – 7:30 p.m.

VENUE

Evolutions Gym, St. David's

ZUMBA GOLD

\$65

Zumba Gold was designed for the active older adult, the true beginner, and/or people who are not used to exercising, or people who may be limited physically. Zumba Gold is done at a much lower intensity. The same great Latin styles of music and dance are used and just as fun as the regular Zumba classes. Zumba Gold classes strive to improve our balance, strength, flexibility and most importantly, the heart.

DAY	INSTRUCTOR	TIME
Tues	C. Simmons	5:45 – 6:30 p.m.

VENUE

Evolutions Gym, St. David's

CENTRAL AREA

ALL CLASSES WILL BE HELD AT CEDARBRIDGE ACADEMY, UNLESS OTHERWISE STATED, STARTING 28 APRIL

ACCOUNTING

\$70

This course provides an introduction to the accounting process and will enable participants to record financial transactions and prepare basic financial statements. It is also suitable for those who require knowledge of formal accounting qualifications. Textbook required.

DAY	INSTRUCTOR	TIME
Thurs	L. Francis	6:00 – 8:00 p.m.



AQUA - MOVE, SHAKE AND SPLASH

\$70

Jump into the water and make a splash with Aqua Fit. A fun "feel good" aqua fitness class that tones and shapes the entire body. Great class for first time and experienced water exercisers in a graded shallow to deep water pool. Participants of all skill and fitness levels can enjoy this low impact water workout combining dance, cardiovascular exercise, endurance, muscle toning, resistance, core and interval training. Improve your balance, strength, intensity and range of motion. Swimming skills are not necessary. Space is limited. *This is an 8 week course.*

DAY	INSTRUCTOR	TIME
Wed	A. Lewis	6:00 – 7:00 p.m.

VENUE

National Aquatic Centre.

"I enjoy teaching for CEDP. It gives me the opportunity to share my knowledge." - Kevin Gibbons

9

BALLROOM DANCING (SOCIAL)

\$80

This class will introduce the dancer to the basic steps of the waltz, foxtrot, cha-cha, rumba and east coast swing. Learning these dances will allow the participant to partner dance to any type of classical and popular music.

DAY INSTRUCTOR TIME
Thurs Sabor Instructors 7:30 – 8:25 p.m.
VENUE
Sabor Dance School (Old Berkeley Institute)

BOOT CAMP/WEIGHT CONDITIONING BEGINNERS \$175

This programme is designed for those people looking to lose weight, tone up and improve their overall cardiovascular fitness level. This circuit-based programme consists of resistance training, core/abdominal work, stretching and cardio intervals. Students are required to bring water and a large towel to class.

DAYS INSTRUCTOR TIME
Mon/Wed/Thurs J. Jackson 5:30 – 6:30 p.m.

BOOT CAMP/WEIGHT CONDITIONING INTERMEDIATE

\$185

This programme is designed for those people looking to lose weight, tone up and improve their overall cardiovascular fitness level. This circuit-based programme consists of resistance training, core/abdominal work, stretching and cardio intervals. Students are required to bring water and a large towel to class.

DAYS INSTRUCTOR TIME
Mon/Wed/Thurs J. Jackson 6:30 – 7:30 p.m.

CLASSICAL BALLET

\$70

Develop long, lean muscles and relax the ballerina way! With beginner's ballet you will learn the basics of classical ballet. This class is for adults of all ages, sizes and experience levels. Come with your hair off your face and with comfortable clothing that is not too loose fitting.

DAY INSTRUCTOR TIME
Thurs S. Cannonier 6:30 – 7:30 p.m.
VENUE
Lotus Mind Body Wellness Centre

NEW COMMUNITY BOOK CLUB

\$10

Do you enjoy reading? Come join a local online book club using Skype. The book title will be made available upon registration.

DAY INSTRUCTOR TIME
Wed D. Burgess 7:00 – 8:00 p.m.

NEW COMPUTER: INTRODUCTION TO WEB DESIGN \$100

Learn how to build a website from scratch using XHTML. This course covers basic web page design and layout, navigation, use of fonts, colours and images etc. Students must be familiar with internet web browsers. Prerequisite: Basic knowledge of Windows and completion of an introduction computer course.

DAY INSTRUCTOR TIME
Wed J. Morgan 6:00 – 8:00 p.m.

COMPUTERS: EXCEL ADVANCED

\$100

This course will provide participants the necessary skills to use MS Excel as an analysis and presentation tool, above and beyond the average skill level of most users. Prerequisite – Introductory Excel.

DAY INSTRUCTOR TIME
Thurs M. Hill 6:00 – 8:00 p.m.

COMPUTER: PHOTOSHOP

\$100

Put a smile on a face, remove red eyes and brighten teeth. Enhance photo focus and tones and remove scratches. You do not need to have Photoshop installed on your personal computer to take advantage of the knowledge you will learn in this course. There are many free open source programmes on the internet that use the same interface as Photoshop.

DAY INSTRUCTOR TIME
Wed M. Hill 6:00 – 8:00 p.m.

NEW COOKING: MAN CAVE GRUBBERY

\$80

This testosterone-filled cooking class turns any man into a chef of his own man cave. Participants will learn how to make these "man-tested recipes" – hamburgers, ribs, chili, steak and much more. A supply list will be available before the start of the class. *This is a 5 week course.*

DAY INSTRUCTOR TIME
Wed R. Richardson 6:30 – 8:30 p.m.

NEW COUCH TO 5K

\$120

Get off the couch and on the road! Our couch to 5K course will get you running 3.1 miles in just 8 weeks. Our programme helps participants receive the knowledge and training to help stay motivated and reach the goal of running a 5K. *Classes will meet twice a week.*

DAY INSTRUCTOR TIME
Mon/Wed L. Marshall 6:00 – 7:00 p.m.
Tues/Thu L. Marshall 6:00 – 7:00 a.m.
VENUE
National Stadium

NEW COUNTRY LINE DANCING

\$70

Exercise your body and mind by dancing to lively, upbeat music. Line dancing is a fun way to dance socially without a dance partner.

DAY INSTRUCTOR TIME
Thurs Sabor Instructors 7:30 – 8:25 p.m.
VENUE
Sabor Dance School. (Old Berkeley School)

CUSTOMER SERVICE TRAINING

\$80

This course will provide the participants with the skills required to deliver efficient and reliable customer service. Components will include identifying relevant behaviours, effective listening skills, positive language, and problem solving. Participants will learn how to effectively deal with the customer's queries, problems and complaints.

DAY INSTRUCTOR TIME
Thurs T. Wilson 6:00 – 8:00 p.m.

DEFEATING STRESS

\$80

How would your life change if you could tap into your full potential? Imagine living a "stress-free" life? Discover your true potential and lead a life worth celebrating. During this course we will define what stress is, determine your Personal Stress Profile, create a Stress Management Portfolio for your specific needs, and give you lots of helpful tools to enable you to effectively manage your stress and to make radical improvements in your life. If you are committed to creating a more fulfilling and meaningful life, sign up today.

DAY INSTRUCTOR TIME
Tues D. Iris-Outerbridge 6:00 – 8:00 p.m.

DOG OBEDIENCE & BEHAVIOUR MODIFICATION

\$80

'Heel, sit and stay' command on lead. Learn how to have more control of your pet. Bring your dog to class with a choker (6ft. nylon or leather lead) and dog treats.

DAY	INSTRUCTOR	TIME
Sat	C. Butterfield	4:00 – 5:00 p.m.
VENUE		
Botanical Gardens, Paget		

EFFECTIVE BUSINESS WRITING AND BUSINESS COMMUNICATION ESSENTIALS

\$75

This course will cover effective writing styles, tone, and grammar as well as the essentials for effective verbal communication. Participants will learn and practice effective e-mail, business letter, memorandum and summary writing. Participants will also review and practice essential verbal and non-verbal communication strategies for large and small meetings, presentations and networking events.

DAY	INSTRUCTOR	TIME
Wed	D. Walker	6:00 – 8:00 p.m.

ENTREPRENEURSHIP

\$80

Learn the basics of small business management and compile a business plan. This course covers what is needed to start a business in Bermuda. Legislation, budgeting, controls and financial management tools. The Employment Act, home-based business, ways to maintain healthy cash flow, and how to get your customers and keep them will also be discussed.

DAY	INSTRUCTOR	TIME
Thurs	BEDC	6:00 – 8:00 p.m.
VENUE		
Bda Economic Dev. Corp. Sopia House, Church Street		

GUITAR: BEGINNERS PART I

\$65

This course is designed for the beginner guitar student looking to learn the basics of music notation, chords, picking and strumming techniques.

DAY	INSTRUCTOR	TIME
Wed	K. Gibbons	6:00 – 7:00 p.m.

NEW GUITAR: BEGINNERS PART 2

\$70

This course is designed for the beginner guitarist who has an understanding of the foundation. This course picks up speed and you begin to read and play chords.

DAY	INSTRUCTOR	TIME
Wed	K. Gibbons	7:00 – 8:00 p.m.

INVESTING

\$80

Come and learn about money market concepts, stock markets, mutual funds, bonds, equities, pension funds and alternative investment ideas.

DAY	INSTRUCTOR	TIME
Mon	C. Walls	6:00 – 8:00 p.m.

NEW MOLD AT HOME

\$10

This course gives homeowners and renters an introduction to the effects of moisture and mold in the home. We will explore why mold grows, common health problems, tips for control and prevention and proper clean up procedures. *This is a one-off session scheduled for 4 June 2014.*

DAY	INSTRUCTOR	TIME
Wed	L. Nisbett-Garnett	6:00 – 8:00 p.m.

NAVIGATION

\$80

Learn to navigate Bermuda's coastline and surrounding waters. Course covers the buoyage system, rules of the sea and a practical approach to boating. Bring chart 334, a parallel ruler and No. 2 soft pencil to class.

DAY	INSTRUCTOR	TIME
Thurs	W. Burchall	6:00 – 8:00 p.m.

NEW OFFICE ADMINISTRATION AND SECRETARIAL PROCEDURES

\$80

This course is designed for the person new to the office environment and those returning to work. This is a 6 week session. Textbooks required

DAY	INSTRUCTOR	TIME
Tues	W. Ming	6:00 – 8:00 p.m.

NEW PERSONAL DEVELOPMENT AND EMPLOYABILITY SKILLS

\$80

This interactive course will allow participants to learn and demonstrate positive qualities, attitudes and behaviours required in the workplace. Participants will understand why effective written and verbal communications is important. Emphasis will be placed on soft skills training: respect, workplace diversity, customer service, adaptability, punctuality, self-motivation, real life scenarios and ethics in the workplace. Guest speakers from various sector industries will be invited to share their experiences, expectations and requirements in the workplace of the 21st Century.

DAY	INSTRUCTOR	TIME
Wed	S. Dill	6:00 – 8:00 p.m.

PILATES

\$70

This full-body fitness class will strengthen, lengthen, and tone your muscles, while at the same time improve your flexibility, posture and overall daily activities. The core principles of Pilates and modification options make this class ideal for all experience levels.

DAY	INSTRUCTOR	TIME
Mon	Sabor Instructors	6:30 – 7:25 p.m.
VENUE		
Sabor Dance School		

NEW PILATES FOR HEALTH

\$70

The Pilates method seeks to develop controlled movement from a strong core and it does this using a range of apparatuses to guide and train the body. Students must wear exercise clothing and bring a hand towel and water to class. Limited enrolment.

DAY	INSTRUCTOR	TIME
Thurs	Bda Integrative Health Co-op.	6:30 – 7:30 p.m.
VENUE		
Lotus Mind Body Wellness Centre		

"The passion for tennis instilled in my son is a direct result of the fun team drills and friendly coaches at Grotto Bay!" - Maria-Teresa Galluzzo

11

PLANNING YOUR HOME OR WATER BIRTH \$60

This class will teach you everything you need to know about home or water birth from safety and supplies to insurance and costs. During this workshop you will meet Bermuda Registered Certified Nurse Midwives and hear stories from other couples who have chosen to birth their children at home or in water. The instructor is a certified Midwife Assistant, DONA and ToLabor Doula Professional and Neonatal Resuscitation (NRP) certified. Bring your questions and a note book. *This is a 3 week course scheduled to start on 28 April 2014.*

DAY	INSTRUCTOR	TIME
Mon	S. Cannonier	6:00 – 7:30 p.m.

VENUE
Lotus Mind Body Wellness Centre

RÉSUMÉ AND INTERVIEW TECHNIQUES \$60

In this class you will learn the rudiments of résumé writing and how to use it to market yourself, how to prepare for an interview using the advertisement, how to navigate the face to face interview; and helpful post interview tips. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Wed	M. Clemendor	6:00 – 8:00 p.m.

NEW SAFE KIDS AT DAYCARE \$10

This course is an overview of the core health and safety elements required by day care facility providers. We will explore programme standards, life safety, food preparation, sanitation, documentation and more. The well-being of children is a priority for parents and caretakers so all are welcomed. *This is a one-off session scheduled for 30 April 2014.*

DAY	INSTRUCTOR	TIME
Wed	L. Nisbett-Garnett	6:00 – 8:00 p.m.

SALSA: BEGINNERS I \$80

Salsa is an exciting Latin partner dance. Participants will learn the elements of leading and following while mastering basic dance steps that will allow the dancer to feel confident to dance in any social setting. Participants will also be introduced to merengue and bachata, two other popular Latin dances.

DAY	INSTRUCTOR	TIME
Wed	Sabor Instructors	5:30 – 6:25 p.m.

VENUE
Sabor Dance School (Old Berkeley School)

SEWING: ALTERATIONS TO FIT \$80

This course is designed to teach people with no sewing experience who want to learn how to alter their garments to save money, especially in this economic climate. You will learn how to alter a garment that is too big, hem a skirt or pants that are too long, replace buttons that have fallen off, or replace a zipper that has broken. *This is a 6 week course. Limited enrolment.*

DAY	INSTRUCTOR	TIME
Tue	L. Stephenson	6:00 – 8:30 p.m.

SEWING FOR BEGINNERS \$80

This course is designed for students with no sewing experience. Participants will be taught how to use sewing tools, take measurements, and choose the correct fabric for the garment, and placement of patterns. Students will have completed a skirt or small project by the end of course. Sewing kits can be bought for an additional fee. Sewing machines are available. Limited enrolment. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Wed	L. Stephenson	6:00 – 8:30 p.m.

SICKLE CELL INFORMATION SESSION \$10

This session will discuss sickle cell's origin, causes and recommended pain management. We will use panel and group discussions to provide a better understanding of this disease. *This one-off session is scheduled for 6 May 2014.*

DAY	INSTRUCTOR	TIME
Tues	S. Tuzo-Smith	6:00 – 8:00 p.m.

SOCIAL MEDIA: INTRODUCTION \$75

Are you confused about Facebook? Mystified by Twitter? Social media has exploded to become the fastest growing communication tool in history. Come out for this class to learn the basics of social media and how to use it. We will look at what it is, how to set up accounts and manage them. Students must be computer and internet literate.

DAY	INSTRUCTOR	TIME
Mon	S. Lee	6:00 – 7:30 p.m.

SOCIAL MEDIA FOR BUSINESS \$75

Social media has fundamentally changed the way we communicate. Information spreads like wildfire over networking sites like Facebook, Twitter, MySpace, and Pinterest. Tapping into this explosive network is of paramount importance for building and sustaining business, especially in rough economic times. Find out more about the social media craze, and how businesses can make the most of it. Learn how to use the most popular social media network site visited in Bermuda, how to make them work for your business, and how to measure the success of your social media marketing efforts. Students must be computer and internet literate.

DAY	INSTRUCTOR	TIME
Wed	S. Lee	6:00 – 8:00 p.m.

SPANISH: BEGINNERS \$80

This course offers basic practice in comprehension and pronunciation of the spoken language, with emphasis on oral communication, with an introduction to basic grammar concepts, reading concepts and vocabulary skills. Textbook required.

DAY	INSTRUCTOR	TIME
Wed	C. Seale	6:00 – 8:00 p.m.

SPANISH: INTERMEDIATE \$85

This is a continuation of the beginner's class. Go further into the basic understanding of the Spanish language in a relaxed environment. *Textbook required*

DAY	INSTRUCTOR	TIME
Thurs	C. Seale	6:00 – 8:00 p.m.

STRENGTH TRAINING FUSION: BEGINNERS/INTERMEDIATE \$70

This course is a flexible workout programme for women and men focusing on the coordination of the body, mind and spirit. Combining Pilates, yoga and dance stretch to help tone the body, improve posture, prevent injury and relieve stress. Students are required to bring water, towel and yoga mat to class.

DAYS	INSTRUCTOR	TIME
Tues	M. Pringle	6:30 – 7:30 p.m.

TAI-CHI-CHUAN

\$70

This course is for those who have a foundation of the art of Tai-Chi-Chuan. This exercise art form relieves stress, promotes total relaxation, and helps to promote good health. Enjoy the ancient art of Tai-Chi-Chuan.

DAY	INSTRUCTOR	TIME
Tues	D. Scraders	6:00 – 7:00 p.m



TAI-CHI-CHUAN FOR BEGINNERS

\$70

Learn the basics of the ancient art of Tai-Chi-Chuan. Relieves stress, promotes total relaxation, and helps to promote good health.

DAY	INSTRUCTOR	TIME
Thurs	L. Robinson	6:00 – 7:00 p.m

TANGO

\$80

This passionate dance is an exciting way of becoming involved in Latin dance. This class will teach the essence of tango dancing which includes its signature walking style, its unique music, and leading and following.

DAY	INSTRUCTOR	TIME
Thurs	Sabor Instructors	6:30 – 7:25 p.m.

VENUE

Sabor Dance School. (Old Berkeley School)

TENNIS: BEGINNERS

\$75

For the novice player. Wear comfortable clothing and tennis shoes. Students must bring racquets. Tennis balls will be provided. Students with heart ailments are required to have a physician's certificate. Physical, emotional or mental disabilities must be made known to instructor before starting course.

DAY	INSTRUCTOR	TIME
Wed	E. Woods	6:00 – 7:30 p.m.

VENUE

Bda. Tennis Stadium

TENNIS: INTERMEDIATE

\$80

Wear comfortable clothing and tennis shoes. Students must bring racquet. Tennis balls will be provided. Students with heart ailments are required to have a physician's certificate. Physical, emotional or mental disabilities must be made known to instructor before starting course.

DAY	INSTRUCTOR	TIME
Wed	J. Bradshaw	7:00 – 8:30 p.m.

VENUE

Bda. Tennis Stadium

TIPS FOR TOUGH TIMES

\$10

This course will present ways that individuals and families can adopt low cash and cost-efficient lifestyles. The content is drawn from the Economic Toolkit which has been produced by the Sustainable Development Roundtable. Subject matter experts will provide realistic guidance and tips on how to lower our cost of living. This will cover areas such as buying food and eating habits, energy and other household utility cost and monthly budget planning. *This one-off session is scheduled for 14 May 2014.*

DAY	INSTRUCTOR	TIME
Wed	Sustainable Dev. Dept.	6:00 – 8:00 p.m.



UNDERSTANDING ALZHEIMER'S DISEASE

\$10

Do you know someone who is living with Alzheimer's Disease? This session will discuss the early stages of dementia and Alzheimer's and the coping mechanisms. Understanding this disease can assist in the care of a family member or loved one. *This one-off session is scheduled for 29 April 2014.*

DAY	INSTRUCTOR	TIME
Tue	C. Smith	6:30 – 9:00 p.m.

UPGRADE BASIC ENGLISH SKILLS

\$100

This course covers basic grammar mechanics, punctuation and spelling, improve literacy and increase written and verbal skills.

DAY	INSTRUCTOR	TIME
Mon	S. Dill	6:00 – 8:00 p.m.

YOGA ASANAS

\$70

Stretch, strengthen, relax, rejuvenate with traditional yoga asana which will build your body's strength and flexibility; massage and tone internal organs; develop focus, willpower, discipline and consistency; and cultivate the ability to relax at will. Students are required to bring a yoga mat, and wear loose cotton t-shirt and pants, and aim to be at class at least five minutes before the scheduled time. Do not wear contact lenses, watches or jewellery.

DAY	INSTRUCTOR	TIME
Fri	Sabor Instructors	5:30 – 7:00 p.m.

VENUE

Sabor Dance School. (Old Berkeley School)

ZUMBA

\$65

Zumba Latin Dance Fitness fuses hypnotic Latin rhythms and easy-to-follow moves to create a dynamic fitness programme that will blow you away. Participants will achieve long-term health benefits while experiencing an absolute blast in one exhilarating hour of calorie-burning, body-energizing, and awe-inspiring movements meant to engage and captivate you for life.

DAY	INSTRUCTOR	TIME
Thurs	Sabor Instructors	5:30 – 6:25 p.m.

VENUE

Sabor Dance School. (Old Berkeley School)

WESTERN AREA

ALL CLASSES WILL BE HELD AT T. N. TATEM MIDDLE SCHOOL, UNLESS OTHERWISE STATED, STARTING 28 APRIL

ACCOUNTS AND BOOK-KEEPING: INTRODUCTION \$80

This basic course primarily deals with the recording of financial transactions. Transactions include sales, purchases, income and payments by an individual or organization. Book-keeping should not be confused with accounting. The accounting process is usually performed by an accountant. The accountant creates reports from the recorded financial transactions recorded by the book-keeper and files forms with agencies. There are some common methods of book-keeping such as single-entry and double-entry book-keeping systems. Textbook and ledger are required.

DAY	INSTRUCTOR	TIME
Tues	V. Evans	6:00 – 8:00 p.m.

"I ask you Seniors where else could you learn to play tennis and dance for free, just call the St George's Community Education Programme and find out more." - Mair Harris

13

NEW APOLOGETICS 1 \$10

Apologetics is the branch of Christianity that deals with the defence and establishment of the Christian faith. This study is logical, documented and a great builder of personal faith. You will be amazed at the accumulation of historical evidence for the existence of Jesus and the reliability of the New Testament. The fact of His deity is presented and proven beyond a shadow of doubt.

DAY	INSTRUCTOR	TIME
Tues	E. Wharton	6:00 – 7:00 p.m.

AQUAFIT CORE \$80

A low impact aqua fitness class with a focus on core stabilization to improve dynamic balance, strength, agility and coordination. This early morning sunrise fitness class targets menopausal women who are challenged by the hormonal roller coaster causing weight gain. Learn how to work your core muscles through rhythmic dance movements in a spa environment. Limited enrollment. Pre-requisite: Swimmers. *This is a 10 week course.*

DAY	INSTRUCTOR	TIME
Wed	A. Lewis	6:00–7:00 a.m.

VENUE

Cambridge Beaches Resort and Spa

AQUAFIT CORE \$120

A low impact aqua fitness class with a focus on core stabilization to improve dynamic balance, strength, agility and coordination. This early morning sunrise fitness class targets menopausal women who are challenged by the hormonal roller coaster causing weight gain. Learn how to work your core muscles through rhythmic dance movements in a spa environment. Limited enrollment. Pre-requisite: Swimmers. *This is a 10 week course*

DAY	INSTRUCTOR	TIME
Tues/Thurs	A. Lewis	6:00–7:00 a.m.

VENUE

Cambridge Beaches Resort and Spa

AQUA - MOVE, SHAKE AND SPLASH \$120

Jump into the water and make a splash with Aqua Fit. A fun “feel good” aqua fitness class that tones and shapes the entire body. Great spa class for first time and experienced water exercisers in a spa like environment and graded shallow to deep water pool. Participants of all skill and fitness levels can enjoy this low impact water workout combining dance, cardiovascular exercise, endurance, muscle toning, resistance, core and interval training. Improve your balance, strength, intensity and range of motion. Swimming skills are not necessary. Space is limited. *This is a 10 week course.*

DAY	INSTRUCTOR	TIME
Mon	A. Lewis	6:30 – 7:30 p.m.

VENUE

Cambridge Beaches Resort and Spa

ART: BEGINNERS PAINTING AND DRAWING \$80

This course will cover the basics of drawing, painting and illustrating technique in watercolour, composition and proportion. Students will receive individual attention. Please bring sketch pad and 3B pencils. Limited enrolment.

DAY	INSTRUCTOR	TIME
Mon	A. Seymour	6:00 – 8:00 p.m.
Thurs	A. Seymour	6:00 – 8:00 p.m.

ART: INTERMEDIATE PAINTING AND DRAWING \$85

Students must have acquired the basic skills of painting and drawing. Class includes drawing and watercolour. Instructor will work with you towards developing your special interest.. Limited enrolment.

DAY	INSTRUCTOR	TIME
Tues	A. Seymour	6:00 – 8:00 p.m.

BALLROOM DANCING: BEGINNERS \$80

Here's your chance to learn the foxtrot, jitterbug, cha-cha, tango and waltz. Couples preferred, but not essential. This course will now be held at the T.N. Tatem Middle School.

DAY	INSTRUCTOR	TIME
Thurs	W. & J. Ingham	6:00 – 7:15 p.m.

NEW BLUE FLAG \$50

This 14-hour course focuses on the importance of customer service in the hospitality industry as well as the historical and economic development of Bermuda. Bermuda's cultural customs, flora and fauna, and places of interest are also covered. New for this course is the inclusion of elements of the National Tourism Plan, such as the focus on Total Quality Management as it relates to the tourism industry, and the new tourism hubs (places of interests grouped together for marketing purposes.) This course is aimed at those in the hospitality industry, particularly those who provide tours and informational services to visitors. Such persons will include taxi drivers, concierge personnel, tour guides, among others. Preference will be given to industry personnel. Successful candidates will receive a certificate from the Bermuda Tourism Authority and a badge. This is a 4 week course. Manual included.

DAY	INSTRUCTOR	TIME
Tue/Thurs	C. Riley	6:00 – 8:00 p.m.

CAKE DECORATING: ADVANCED \$85

Prerequisite: Beginners' Cake Decorating, or permission of the instructor.

DAY	INSTRUCTOR	TIME
Thurs	C. Fishington	6:00 – 8:00 p.m.

CAKE DECORATING: BEGINNERS \$80

In this class you will learn how to create blossoms, holiday figures and piping. Students will bring tips, paper, cakes and other ingredients. Bring pencil and note pad to the first class.

DAY	INSTRUCTOR	TIME
Mon	C. Fishington	6:00 – 8:00 p.m.

NEW CHRISTIAN COUNSELLING – Part I \$10

This course will challenge each person to look seriously at their life and realize that it takes hard work, conviction, commitment, and a constant belief in the authority and power of God's word to be the person we should be.

DAY	INSTRUCTOR	TIME
Tues	T. Scott	7:15 – 8:15 p.m.

COMPUTERS: iPad I \$30

Are you the lucky owner of an iPad? Now learn all the advantages to this new ownership. *This one-off session is TBA.*

DAY	INSTRUCTOR	TIME
Wed	L. Miezner	6:00 – 9:00 p.m.

COMPUTERS: iPad II

\$30

There is so much more to learn about the services an iPad offers. This course is a continuation of Part I. it is advised that registrants complete the first of a series. *This one-off session is TBA.*

DAY	INSTRUCTOR	TIME
Wed	L. Mienzer	6:00 – 9:00 p.m.

COMPUTERS: IPAD APPS MAKING LIFE EASIER

\$30

Learn how to shoot videos, take photos, play music and perform internet functions such as web-browsing and e-mailing, games, social networking, downloading and installing the latest apps. *This one-off session is TBA.*

DAY	INSTRUCTOR	TIME
Wed	L. Mienzer	6:00 - 9:00 p.m.

COMPUTERS: SOCIAL MEDIA NETWORKING

\$30

Make your social media life easier by networking them and sourcing to one release. *This one-off session is TBA.*

DAY	INSTRUCTOR	TIME
Wed	L. Mienzer	6:00 – 9:00 p.m.

NEW COMPUTERS: INTRODUCTION TO MICROSOFT EXCEL

\$100

Master the essentials of Excel, a powerful spreadsheet software application. Prerequisite: Basic computer skills. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Thurs	D. Simmons	6:00 – 8:00 p.m.

COMPUTERS: INTRODUCTION AND KEYBOARDING

\$100

Learn the basic operation of word processing including entering, editing and formatting text at a slow pace. In addition, all aspects of the keyboard will be covered. Students will learn the functions of the keys number pad and easy ways to maneuver around the desktop and typing skills. No previous typing skills necessary.

DAY	INSTRUCTOR	TIME
Thurs	M. Dyer	6:00 – 8:00 p.m.

COMPUTERS: INTRODUCTION TO MICROSOFT OFFICE

\$100

Prerequisite: Basic Computer Skills. Students should have a firm grounding in computer basics, as well as facility with Windows and MS Word. This course integrates word processing, database and spreadsheets.

DAY	INSTRUCTOR	TIME
Wed	D. Simmons	6:00 – 8:00 p.m.

COMPUTERS: QUICKBOOKS PRO

\$100

This course will cover setting up a company, working with lists, i.e. customers, vendors, etc. The student will also learn how to set up inventory, deal with company and employee lists, customizing fields, selling products, working with bank accounts, etc. Prerequisite: must be familiar with Microsoft Office. Textbook and USB flash drive are required for this course.

DAY	INSTRUCTOR	TIME
Wed	V. Evans	6:00 – 8:00 p.m.

COMPUTERS: QUICKBOOK PRO II

\$105

This course is a continuation for those students who have successfully completed the introduction course. Step up to the next level on this program – facilitating outputs that previously would have been outsourced.

DAY	INSTRUCTOR	TIME
Thurs	V. Evans	6:00 – 8:00p.m.

NEW COOKING/BAKING: TASTE OF BERMUDA

\$70

Learn how to make dinner rolls, gingerbread, sugar cookies and Johnny bread. Please bring containers to take away cooked food. Students are required to bring ingredients to class. *This is a 4 week course starting 29 April 2014.*

DAY	INSTRUCTOR	TIME
Tues	W. Lightbourne	6:00 – 9:00 p.m.

COOKING: CARIBBEAN AND INDIAN CUISINE

\$70

Exotic tastes and smells of Caribbean and Indian cooking combined. Learn how to make roties, curries, rice and meat dishes. Also, highlighting individual spices as herbs, curries and masalas; chapatis, spicy vegetable and rice dishes. Please bring containers to take away cooked food. *This is a 4 week course starting 29 May 2014.*

DAY	INSTRUCTOR	TIME
Thurs	S. Ponram	6:00-9:00 pm

COOKING: FRENCH CUISINE

\$70

Learn the basics of French cooking with a variety of sauces and dishes, and their combination with French wines. Please bring containers to take away cooked food. Students are required to bring ingredients to class. *This is a 4 week course starting 30 April 2014.*

DAY	INSTRUCTOR	TIME
Wed	A. Jhuboo	6:00 – 9:00 p.m.

COOKING: GLUTEN FREE BAKING

\$70

Why settle for store-bought gluten-free cookies when you can indulge in fresh, warm-from-the-oven delicious baked goodness? Learn the properties, flavours and textures of these various ingredients. Please bring containers to take away cooked food. Students are required to bring ingredients to class. *This is a 4 week course starting 1 May 2014.*

DAY	INSTRUCTOR	TIME
Thurs	I. Savory	6:00 – 9:00 p.m.

COOKING: GOURMET

\$70

The delicacies are simpler than you think. With the help of our chef you can learn recipes that others dare not explore. Amaze your friends with the tips you learn in this class. Bring your own ingredients to class and containers to take away cooked food. *This is a 4 week course starting 27 May 2014.*

DAY	INSTRUCTOR	TIME
Tues	A. Jhuboo	6:00 – 9:00 p.m.

COOKING: ITALIAN

\$80

Tour Italy through special blends, herbs and sauces whilst being inspired by a renowned chef. Please bring container to take away cooked food. Students are required to bring ingredients to class. *This is a 4 week course starting 28 April 2014.*

DAY	INSTRUCTOR	TIME
Mon	A. D'Amato	6:00 – 9:00 p.m.

*"It is so nice to know someone who actually practices Customer Care and not just offers service.
 Call Susan at 297- 0007 and find out for yourselves." - Jack Harris*

15

COOKING: JUICING

\$70

Raise a glass to a vitamin-packed diet with fruit and vegetable juice blends. From carrot-orange to nothing but greens, they are an easy, delicious and most important food for your body! *This one-off session is scheduled for 2 June 2014.* Limited enrolment. All ingredients will be provided.

DAY	INSTRUCTOR	TIME
Mon	I. Savory	6:00 – 9:00 p.m.

COOKING: VEGAN 101

\$80

There are many forms of vegetarianism, but the basic premise of them is a diet centred on fruits, vegetables, whole grains, nuts, seeds and legumes. A strict vegan limits their food intake to these food groups, while a lacto-vegetarian also includes dairy products such as milk, yogurt and cheese in their diet. A lacto-ovo vegetarian adds eggs to the lacto-vegetarian diet. This course will provide participants with recipes to support this lifestyle. Please bring containers to take away cooked food. Students are required to bring ingredients to class. *This is an 5 week course starting 28 May 2014.*

DAY	INSTRUCTOR	TIME
Mon	I. Savory	6:00 – 9:00 p.m.

CUSTOMS CLEARANCE

\$80

Learn how to gain release, and take delivery, of goods from sea and air cargo terminals, including electronic submission of data; master Tariff fundamentals; and practice completing the new Bermuda Customs Declaration form. Please ensure you have a copy of the most recent Customs Tariff, a business calculator and a binder for handouts.

DAY	INSTRUCTOR	TIME
Tues	K. Arorash	6:00 – 8:00 p.m.

ENGLISH AS A SECOND LANGUAGE

\$100

This course will assist students in effectively communicating in the island's first language. Bermuda has become a culturally diverse island where clear expression is important. Students will be encouraged to listen, write and speak during class. Limited enrolment.

DAY	INSTRUCTOR	TIME
Tues	S. Attride-Stirling	6:00 – 8:00 p.m.

GARDENING: VEGETABLE AND HERBS

\$65

Learn to make the most of little gardening space. Discover the advantages of growing vegetables and herbs on a year-round basis. Sessions will be held on Sundays at 9.00 a.m. at the Community Garden. Orientation will be held at T. N. Tatem Middle School on 28 April 2014. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	E. Cattell	6:00 – 8:00 p.m.

VENUE

Community Garden, Paget

GOLF: BEGINNERS

\$80

Supervised practice in long and short game essentials. Bucket of balls can be purchased at the Port Royal Golf Club for \$6.00. Proper golf attire must be worn at all times. Equipment needed – putter, 5 iron and 9 iron. Limited enrolment. If there is inclement weather two hours before class, the course is automatically postponed until the following week. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Sat	J. Astwood-Outerbridge	3:00 – 4:00 p.m.

VENUE

Port Royal Golf Course

GUITAR: BEGINNERS PART I

\$65

Learn the guitar using open string and bar/ bar 3 chord progressions. This course provides the skills needed to actually hear and play songs on one's guitar in folk, rock, jazz and blues. Students must provide their own guitar and have a basic knowledge of guitar chords. Limited enrolment available.

DAY	INSTRUCTOR	TIME
Tues	D. Wharton	7:30 – 8:30 p.m.

GUITAR: BEGINNERS PART II

\$70

Students must complete Guitar: Beginners Part I or have permission from the instructor to register for the second level. Limited enrolment available.

DAY	INSTRUCTOR	TIME
Wed	D. Wharton	7:30 – 8:30 p.m.

MICROSOFT OFFICE SUITE LEVEL 1

\$100

Microsoft Office Suite is a collection of software applications that include: Word, PowerPoint, Excel, Access, Outlook and other desktop programmes. This is a four week (eight session) course - no testing included. The components of this course are the pre-requisite for students seeking to obtain the ICDL Certification.

DAY	INSTRUCTOR	TIME
Tues/Thurs	N. Warren-Swan	6:30-8:30 p.m.

INTERNATIONAL COMPUTER DRIVERS LICENCE (ICDL)

CERTIFICATION LEVEL 2

\$250

This is a two week (four session) course for students interested in completing the Certification ONLY. The ICDL is the world's most successful end user computer skills Certificate Accredited Programme. Each module provides a practical programme of up-to-date skills and knowledge which are test validated. Pre-requisite for the ICDL Certification is completion of Microsoft Office Suite level 1. *This course commences 26 May, 2014.*

DAY	INSTRUCTOR	TIME
Tues/Thurs	N. Warren Swan	6:30-8:30 p.m.

JEWELLERY CREATION AND REDESIGN

\$75

Learn how to design and make your own jewellery. The instructor will also assist in the redesign of old pieces into modern looks. Students are responsible for the purchase of tools, materials and supplies. *This is a 4 week course starting 28 May 2014.*

DAY	INSTRUCTOR	TIME
Wed	D. Grant	6:00 – 8:00 p.m.

MAKE-UP APPLICATION

\$65

In today's world, everybody is worried about how they look. However, looking great doesn't have to take much time or effort. All you have to do is know what you're doing. Here's how to get your routine down pat. This is a 4 week course starting 30 April 2014.

DAY	INSTRUCTOR	TIME
Wed	D. Grant	6:00-8:00 p.m.

MARINE ENGINES GASOLINE, DIESEL AND OUTBOARD ENGINE: BASIC

\$80

Students will learn how to service and maintain an outboard engine, seasonal preparation, prevention and maintenance and winterizing. In addition, students will have a basic look at diesel and gasoline engines, inboards; designed for all marine operators and crew. Participants are encouraged to bring a notepad and pencil to class.

DAY	INSTRUCTOR	TIME
Wed	M. Smith	6:30 – 8:30

MARINE ENGINE OPERATORS: BASIC

\$80

This course is designed to prepare students for the Marine Engine Operators Licence. It consists of six sections. This is also the preparation course for the Bermuda Island Engine Driver's examination.

DAY	INSTRUCTOR	TIME
Wed	G. Peets	6:30 – 8:30 p.m.

MASONRY

\$100

Learn how to lay block and develop the basic skills for using masonry tools, plastering, concreting, tiling, etc. This course offers theory and practical hands-on experience. Materials and supplies will be included.

DAY	INSTRUCTOR	TIME
Mon	R. Ebbin	6:00 – 9:00 p.m.

NAVIGATION: INTRODUCTION TO BERMUDA PILOT/BOATING

\$80

Learn about Bermuda's coastline and surrounding water. This course covers the buoyage system, rules of the sea; practical approaches to boating. Must provide chart #334, dividers, parallel ruler and a #2 soft pencil. Textbook required.

DAY	INSTRUCTOR	TIME
Mon	W. Raynor	6:30 – 8:30 p.m.

PHOTOGRAPHY: BASIC

\$80

This course is for the beginning photographer who has just picked up a camera for the first time. It is also for the amateur photographer wanting to refresh his or her skills. Students are required to bring their own camera to the first class.

DAY	INSTRUCTOR	TIME
Wed	L. Webbe	6:00 – 8:00 p.m.

PHOTOGRAPHY: DIGITAL CAMERA TECHNIQUES

\$80

This course explores the new techniques of digital photography. Bring a digital camera to class.

DAY	INSTRUCTOR	TIME
Tues	L. Webbe	6:00 – 8:00 p.m.

PHOTOGRAPHY: INTERMEDIATE

\$85

Prerequisite: Basic Photography, or by permission of the instructor.

DAY	INSTRUCTOR	TIME
Thurs	L. Webbe	6:00 – 8:00 p.m.

PLUMBING: BASIC

\$105

Learn the basics of plumbing. Materials and supplies not included.

DAY	INSTRUCTOR	TIME
Mon	I. Leaning	6:00 – 9:00 p.m.

PORTUGUESE: BEGINNERS

\$100

Introduction to basic Portuguese. Students will learn conversational Portuguese grammar, phrases and vocabulary.

DAY	INSTRUCTOR	TIME
Wed	S. Pitcher	6:00 – 8:00 p.m.

SEWING AT YOUR PACE

\$80

This course is designed for people with no sewing experience. This course demonstrates shortcuts and how to choose fabrics. Students are encouraged to bring their own sewing machine to class. Limited enrolment.

DAY	INSTRUCTOR	TIME
Wed	E. Rookes	6:00 – 8:00 p.m.

NEW SOFT SKILLS TRAINING

\$60

This course will reinforce the expectations of employers. The intent is to empower and inform participants on how to become better employees. Components will include self-development, time management, telephone and e-mail etiquette, work ethics, dress for success, communications, workplace diversity, team roles, customer recovery and interviewing skills.

DAY	INSTRUCTOR	TIME
Wed	M. Dickinson	6:00 – 8:00 p.m.

SPANISH: BEGINNERS PART 1

\$80

Learn Spanish the fast and simple way. This course offers basic practice in the spoken language, with emphasis on oral communication, with an introduction to basic grammar concepts.

DAY	INSTRUCTOR	TIME
Mon	S. Attride Stirling	6:00 – 8:00 p.m.
Wed	S. Attride-Stirling	6:00 – 8:00 p.m.

NEW SPIRITUAL RE-TOOLING – HAPPY IN THE MIDST OF...

\$10

Ladies, come and enjoy relaxing spiritual seminars followed by relaxing spiritual discussion groups. Acquire new tools which can help you to live a happier, less stressed, and more peaceful life. Seminars are based on the Christian faith, but women of all faiths and denominations are welcome. *This is a 6 week session.*

DAY	INSTRUCTOR	TIME
Thurs	G. Jones	7:00 – 8:30 p.m.

STAINED GLASS: BEGINNERS/ADVANCED

\$85

Create a hobby, use sun catchers, mobiles, lamps, special occasion ornaments and more. Students will need to buy a kit from the Warwick Community Education and Development Programme Office.

DAY	INSTRUCTOR	TIME
Mon	C. Henry	6:00 – 9:00 p.m.

STRENGTH TRAINING FUSION: BEGINNERS/INTERMEDIATE

\$70

This course is a flexible workout programme for women and men focusing on the coordination of the body, mind and spirit. Combining Pilates, yoga and dance stretch to help tone the body, improve posture, prevent injury and relieve stress. Students are required to bring water, towel and yoga mat to class.

DAYS	INSTRUCTOR	TIME
Thurs	M. Pringle	6:30 – 7:30 p.m.

VENUE
Bermuda College

TAI-CHI-CHUAN

\$70

Relieves stress, promotes total relaxation, and helps to promote good health. Learn the basics of the ancient art of Tai-chi-chuan.

DAY	INSTRUCTOR	TIME
Tues	L. Robinson	6:00 – 7:00 p.m.

Proof of ID will be required i.e. bank statement or copy of bank card for cash and cheque refunds.

"I have been attending classes for many years, and would definitely encourage others to support and take advantage of the wide range of very affordable and interesting course that we are so privileged to have available to us." - Louis Vizion

17

TENNIS: BEGINNERS

\$75

For the novice player, wear comfortable clothing and tennis shoes. Students must bring racquets. Tennis balls will be provided. Students with heart ailments are required to have a physician's certificate. Physical, emotional or mental disabilities must be made known to instructor before starting course.

DAY	INSTRUCTOR	TIME
Sat	S. Bean/Raj	10:00 – 11:30 a.m.
VENUE		
Port Royal Tennis Courts		

TENNIS: INTERMEDIATE

\$80

For the more advanced player, wear comfortable clothing and tennis shoes. Students must bring racquet. Tennis balls will be provided. Students with heart ailments are required to have a physician's certificate. Physical, emotional or mental disabilities must be made known to instructor before starting course.

DAY	INSTRUCTOR	TIME
Sat	S. Bean/raj	11:30 – 1:30 p.m.
VENUE		
Port Royal Tennis Courts		

NEW TRI-TRADES 2: MASONRY, CARPENTRY, TILING \$100

This course offers a basic understanding and application of those trades that will assist in small projects, repair and the maintenance of your home.

DAY	INSTRUCTOR	TIME
Tue	Varied	6:00 – 8:00 p.m.

WOMEN'S SLIMNASTICS

\$70

Tone and firm those muscles. Help blood circulation and take off inches and weight. Please bring towel and 3 lb – 5 lb weights to class.

DAY	INSTRUCTOR	TIME
Mon	D. Hall	6:00 – 7:00 p.m.
Wed	D. Hall	6:00 – 7:00 p.m.

YOGA FOR EXERCISE

\$70

Learn to relax while toning and trimming your body. Wear exercise clothing. Bring a towel and small mat to class.

DAY	INSTRUCTOR	TIME
Tues	R.Thomas	7:15- 8:15 p.m.

JUST FOR SENIORS

BOWLING

\$10

Learn how to bowl in a friendly seniors' environment. Learn techniques and play a game with fellow bowlers. A shoe rental will be paid at the bowl. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Wed	P. Bailey	11:00 a.m. – noon
VENUE		
Strykz Bowling Lounge		

COMPUTERS: INTERNET AND E-MAIL

\$50

Learn the basic of e-mails: sending, receiving, deleting and how to set up the address book. Bring pencil and notepad to the first class. *This is a 5 week course starting 28 April 2014.*

DAY	INSTRUCTOR	TIME
Mon	M. Dyer	6:00 – 8:00 p.m.
VENUE		
T. N. Tatem Middle School		

FLOWER ARRANGING

\$10

Create beautiful floral designs for any occasion or celebration using roadside vegetation, silk flowers and dried materials. Students are required to bring their own tools and materials to class. List of required items will be available prior to starting of course. *This course is scheduled for 10 and 17 May 2014.*

DAY	INSTRUCTOR	TIME
Sat	R. Douglas	1:30 – 3:30 p.m.
VENUE		
St. George's Methodist Church		

NEW PROJECT ACTION FOR SENIORS

\$10

Project Action supports seniors and the physically challenged to meet their transportation goals and needs. *This one-off session is scheduled for 30 April 2014.*

DAY	INSTRUCTOR	TIME
Wed	R. Douglas	6:00 – 7:30 p.m.
VENUE		
Clearwater Middle School		

SILVER SNEAKERS WALKERS: BEGINNERS

\$10

Improve your balance, strength, flexibility and reduce stress while walking. During this course you will be able to meet and make new friends. Proper clothing, sneakers, water and towels are required for this class. A warm up and cool down session is included. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Mon	E. Trott	2:00 – 3:00 p. m.
VENUE		
St. George's Youth Centre		

SIT-N-CISE

\$10

This course is designed for the physically challenged or senior population. Learn how to relax and tone and trim your body. Students will also learn how to do easy strain-less stretches while sitting in a chair. Wear exercise clothing. Bring a towel and water to class. Do not eat one hour before class. *This is a 6 week course.*

DAY	INSTRUCTOR	TIME
Mon	R. Thomas	2:00 –3:00 p. m.
VENUE		
St. George's Youth Centre		

Golden Agers register for free, for the first day of registration only.

YOUTH DEVELOPMENT

Beyond the School Day

EXTRA CURRICULUM COURSES/ACTIVITIES FOR STUDENTS \$50

Students at the Primary, Middle and Senior school level are encouraged to participate in core subject areas, electives and tutorials to meet school requirements. Students may also participate in course offering and enrichment activities to earn credit toward: Community service, Duke of Edinburgh Award Scheme, volunteerism, community involvement, work-shadow, internship, mentoring and general recreation. A diverse range of activities are provided for students to foster play, study and work relationships to promote life-long learning. Contact the Community Education and Development Office at 236-0829 or 292-7735 for details.

Day	INSTRUCTOR	TIME
Varied	Educator's	4:00-6:00/6:00-8:00 p.m.

ARCHERY \$60

Learn how to master a safe approach to a sport that is as old as time. Experience the unique thrill of target archery. A terrific way to enjoy yourself while developing your skills. Students 7-15 years old. Parent MUST stay on premises for the duration of each class. This is a 5 week course.

DAY	INSTRUCTOR	TIME	VENUE
Sat	R. Roberts	3:00 – 5:00 p.m.	Southside Softball Field

ART: YOUTHFUL MASTERPIECES \$50

Children are introduced to a diverse artistic experience exploring a variety of techniques and media. Creativity and imagination are cultivated while interest and knowledge of the visual arts. Supply list will be made available before class. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Sat	R. Douglas	11:00 – noon

VENUE
Methodist Church, St. George's

BOWLING BEGINNERS \$50

Students will learn the basics of bowling and the five-step approach and delivery. Shoe rental fees are included.

DAY	INSTRUCTOR	TIME
Mon	A. Jones	4:00 – 5:00 p. m.

VENUE
Bermuda Bowl, Middle Road, Warwick

Fri	P. Bailey	4:00 – 5:00 p.m.
-----	-----------	------------------

VENUE Stryks Bowling Lounge

NEW DANCE FUSION FITNESS FOR YOUTH \$50

Dance Fusion Fitness is a combination of technical dance forms and creative movements to inspire through learning. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Mon	J. Easton-Vanderpool	6:00 – 7:00 p.m.

VENUE
Clearwater Middle School

NEW ELECTRONICS FOR CHILDREN Ages 7-12 \$50

Does your child want to know 'how things work'? This introductory course will teach them about the basic components of electronics and how they work together. A 'take home' project will be the ultimate goal of this class. Materials and supplies not included. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Sat	H. Matthie	10:00 – 11:30 a.m.

VENUE
Clearwater Middle School

NEW ELECTRONICS FOR CHILDREN Ages 13+ \$50

Does your child want to know 'how things work'? This introductory course will teach them about the basic components of electronics and how they work together. A 'take home' project will be the ultimate goal of this class. Materials and supplies not included. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Wed	H. Matthie	6:30 – 7:30 p.m.

VENUE
Clearwater Middle School

FOCUS GROUPS (MIDDLE AND SENIOR SCHOOL STUDENTS) PRICELESS

Participate and let your voice be heard. Middle and senior school students are invited to give adults a piece of their mind, thoughts, ideas, suggestions and recommendations of the types of activities they would like to do. Joining this interactive focus group made up of young people in a setting where participants are free to discuss with other group members what interests them. Youth will lead and the adults will follow. Join in the conversation and be heard and receive co-curricular credit for participation. *This is a 5 week, 20 hours school year graduation requirement.*

DAY	INSTRUCTOR	TIME
Wed	Young Adult Facilitator	4:00 – 6:00 p.m.
Fri	Young Adult Facilitator	6:00 – 8:00 p.m.

VENUE
Berkeley Institute and CedarBridge Academy

MARTIAL ARTS (PRIMARY AND MIDDLE SCHOOL STUDENTS) \$50

This course is designed for primary school students. Students will learn the traditional and basic techniques of self-defence, coordination and discipline. Minimum age of students is 6 years. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Sat	G. Cannonier	10:00 – 11:00 a.m.

VENUE
Clearwater Middle School

RUGBY \$50

Come and learn the game of rugby. Students will be taught different positions, the rules and history of the game and how to play. Students are required to bring a towel and water to class. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Tues	T. Stevens	6:00 – 7:00 p.m.

"Since being unemployed, I have a lot of time on my hands and take advantage of Community Education classes every term, (which give value for money) in order to keep physically fit and mentally sharp." - Susann

19

SOCCER

\$50

Have fun while learning the basic techniques and rules of soccer which includes physical exercise and drill. Children must wear sports clothing and bring water to class. *This is a 5 week class.*

DAY	INSTRUCTOR	TIME
Sat	D. Bailey	10:00 – 11:00 a.m.

VENUE

Clearwater Middle School

TENNIS FOR TINY TOTS (ages 4–5)

\$50

Basics of tennis, such as: forehand, backhand serve and volley. Students are to supply their own racquets. Balls will be provided. Students are required to bring water to class. *This is a 5 week class. This class meets twice a week.*

DAY	INSTRUCTOR	TIME
Sat/Sun	R. Douglas	8:00 – 8:30 a.m.

VENUE

Grotto Bay Tennis Court

TENNIS: BEGINNERS

(PRIMARY AND MIDDLE SCHOOL STUDENTS)

\$50

Learn the basics of tennis, such as: forehand, backhand serve and volley. Students are to supply their own racquets. Balls will be provided. Students are required to bring water to class.

DAY	INSTRUCTOR	TIME
Tue	S. Bean & S. Maybury	4:15 – 5:15 p.m.

VENUE

Port Royal Tennis Courts

Tue	E. Woods	4:00 – 5:00 p.m.
-----	----------	------------------

VENUE

Bda. Tennis Stadium

Thurs	E. Woods	4:00 – 5:00 p.m.
-------	----------	------------------

VENUE

Bda. Tennis Stadium

Sat	R. Douglas	9:00 – 10:00 a.m.
-----	------------	-------------------

Sun	R. Douglas	9:00 – 10:00 a.m.
-----	------------	-------------------

VENUE

Grotto Bay Tennis Court

TENNIS: INTERMEDIATE

(PRIMARY AND MIDDLE SCHOOL STUDENTS)

\$50

Prerequisite: Students must have completed a beginner's tennis class. Students are to supply their own racquets. Balls will be provided. Students must be minimum age of 6. Students are required to bring water to class.

DAY	INSTRUCTOR	TIME
Wed	S. Bean/S. Maybury	4:15 – 5:15 p.m.

VENUE

Port Royal Tennis Courts

Thurs	J. Bradshaw	5:30 – 6:30 p.m.
-------	-------------	------------------

VENUE

Bda. Tennis Stadium

TUMBLING FOR BOYS (AGES 6 – 10)

\$50

This introduction class is for new tumbling athletes. Students will learn the proper form and techniques for forward and back rolls, cartwheels and round offs. No prior tumbling experience needed. *This is a 5 week course.* Students are required to bring water and a towel to class.

DAY	INSTRUCTOR	TIME
Sat	K. Gibbons	9:00 – 10:00 a.m.

ZUMBA KIDS

\$50

Zumba is a fun, energizing and cool way for your child to keep fit and healthy without realizing they are doing just that. Your child will learn Latin rhythms such as cha-cha, merengue, reggae ton, chumbia, salsa and mambo by dancing to fun and child-friendly songs. *This is a 5 week course.*

DAY	INSTRUCTOR	TIME
Sat	C. Simmons	9:00 – 10:00 a.m.

VENUE

Evolutions Gym, St. David's

A Partnership Initiative with Community Education and Bermuda College 2014

**PLEASE NOTE: THE PASS GRADE FOR ALL
DEVELOPMENTAL COURSES IS 75%**

ENG 0001 Basic Writing

\$135

A study of the essentials rules of grammar, mechanics, punctuation and usage needed for clear writing. Special emphasis is given to basic sentence structure, English usage and effective presentation of ideas. The course includes tutorials, midterms and a final exam. A 'C' is required to pass this course. Textbook can be purchased at the Bermuda College book store. Upon successful completion of this course students are required to take ENG 0002 to be eligible for college preparatory courses at Bermuda College. (ENG 0011 followed by ENG 0012). *This is an 8 week course starting the week of 28 April 2014.*

DAY	INSTRUCTOR	TIME
Tue/Thurs.	TBA	6:00 – 8:30 p.m.

VENUE

CedarBridge Academy

Mon/Wed	K. Simons	6:00 – 8:30 p.m.
---------	-----------	------------------

VENUE

T. N. Tatem Middle School

Mon/Wed	K. Smith	6:00 – 8:30 p.m.
---------	----------	------------------

VENUE

Clearwater Middle School

ENG 0002 Basic Writing II

\$135

This course provides a study of the development, organization, and revision of effective paragraphs. Students receive instruction in the use of rhetorical strategies, grammar and the practices of standard written English. Prerequisite: A minimum C grade in ENG 0001 or satisfactory performance on College Placement Test. Textbook can be purchased at the Bermuda College book store. Upon successful completion of this course students will be eligible for entry into college preparatory courses at Bermuda College. *This is an 8 week course starting the week of 28 April 2014.*

DAY	INSTRUCTOR	TIME
Mon/Wed	J. Duncan	6:00–8:30 p.m.

VENUE

CedarBridge Academy

Tue/Thurs. S. Dill 6:00 – 8:30 p.m.
VENUE
T.N. Tatem Middle School

ENG 0005 Basic Level Reading \$135

The basic level reading course starts with a review of decoding methods. There is development of fundamental vocabulary and comprehension skills. Reading practice includes a variety of reading selections. A reading lab is used based on diagnostic and prescriptive approach. The course includes tutorials, mid-terms and a final exam. Textbook can be purchased at the Bermuda College book store. A 'C' grade is required to pass this course. Upon successful completion of this course students are required to take ENG 0006 to be eligible for entry into college preparatory courses at Bermuda College (ENG 0015 followed by ENG 0016). *This is an 8 week course starting the week of 28 April 2014.*

DAY INSTRUCTOR TIME
Mon/Wed M. Braithwaite 6:00 – 8:30 p.m.
VENUE
CedarBridge Academy

Tue/Thurs. D. Gomes 6:00 – 8:30 p.m.
VENUE
T. N. Tatem Middle School

ENG 0006 Basic Level Reading And Study Strategies \$135

Further development in vocabulary; higher order comprehension and introduction to critical reading skills which will be applied to a variety of reading materials. Study strategies including summarizing, outlining and note-taking techniques. Includes reading lab based on diagnostic and prescriptive approach. Textbook can be purchased at the Bermuda College bookstore. A 'C' grade is required to pass this course. Prerequisite: ENG 0005. ***Preference will be given to students who have taken the College Placement Test at the Bermuda College and have completed the application/registration process.** *This is an 8 week course starting the week of 28 April 2014.*

DAY INSTRUCTOR TIME
Tue/Thurs L. Scott 6:00 – 8:30 p.m.
VENUE
CedarBridge Academy

Mon/Wed TBA 6:00 – 8:30 p.m.
T.N. Tatem Middle School

*Mon P. Chapman 5:30 – 8:30 p.m.
VENUEBermuda College

MAT 0010 Basic Mathematics \$135

A review of basic mathematics for students who need to strengthen their computational skills. The course includes tutorials, mid-terms and a final exam. A minimum 'C' grade is required to pass this course. Upon successful completion of this course students will be eligible for entry into college preparatory courses at Bermuda College (MAT 0014 followed by MAT 0015). Textbook can be purchased at the Bermuda College bookstore. ***Preference will be given to students who have taken the College Placement Test at the Bermuda College and have completed the application/registration process.** *This is an 8 week course starting the week of 28 April 2014.*

DAY INSTRUCTOR TIME
Mon/Wed K. Dill 6:00 – 8:30 p.m.

Tue/Thurs I. Whyte 6:00 – 8:30 p.m.
VENUE
CedarBridge Academy

Tue/Thurs D. Dublin 6:00 – 8:30 p.m.
VENUE
Clearwater Middle School

Mon/Wed W. Phillips 6:00 – 8:30 p.m.
Tue/Thurs L. Holdipp 6:00 – 8:30 p.m.
VENUE
T. N. Tatem Middle School

*Tue S. Pitcher 5:30 – 8:30 p.m.
VENUE
Bermuda College

Accreditation Partnership Initiative with Community Education and Penn Foster

We have partnered with Penn-Foster a world renown accredited distance learning provider that offers many benefits to Bermudians.

While offering a variety of courses and certifications there are other benefits as well:

Over 500 online courses
Self-paced
24 hour support

Examples of career certificates include:

Locksmith, Child Day Care Management, PC Maintenance and Repair
AutoCAD Essentials Certificate, CSI (Crime Scene Investigation)
Basic Certificate, Legal Transcriptionist Career Diploma, Pet Grooming
Certificate, Medical Terminology Certificate

To view all online courses and register go to www.communityed.gov.bm. Click on the Penn-Foster image.

Accreditation Partnership initiative with Community Education and City & Guilds

COMING SOON

Certification courses to be offered:

Business Skills, Customer Service

For further information, please contact any of the CEDP offices:
Eastern 297-0007, Central 292-7735, Western 236-0829.

"I've enjoyed my courses, and suggest that others take advantage of these Community Education classes." - Chanda Johnson

21



Community School Offices



Hamilton Office

81 Court Street, Hamilton
Tel: (441) 292-7735 Fax: (441) 292-7786

Community School Centres



CedarBridge Academy

1 CedarBridge Lane
Devonshire DV 02



St. George's Office

2 Westcott Road, Southside, St. David's
Tel: (441) 297-0007 Fax: (441) 297-0386



Clearwater Middle School

2 St. David's Road,
St. David's DD 01



Warwick Office

72 Middle Road Warwick
Tel: (441) 236-0829 Fax: (441) 236-1980



T. N. Tatem Middle School

60 Middle Road
Warwick WK 03

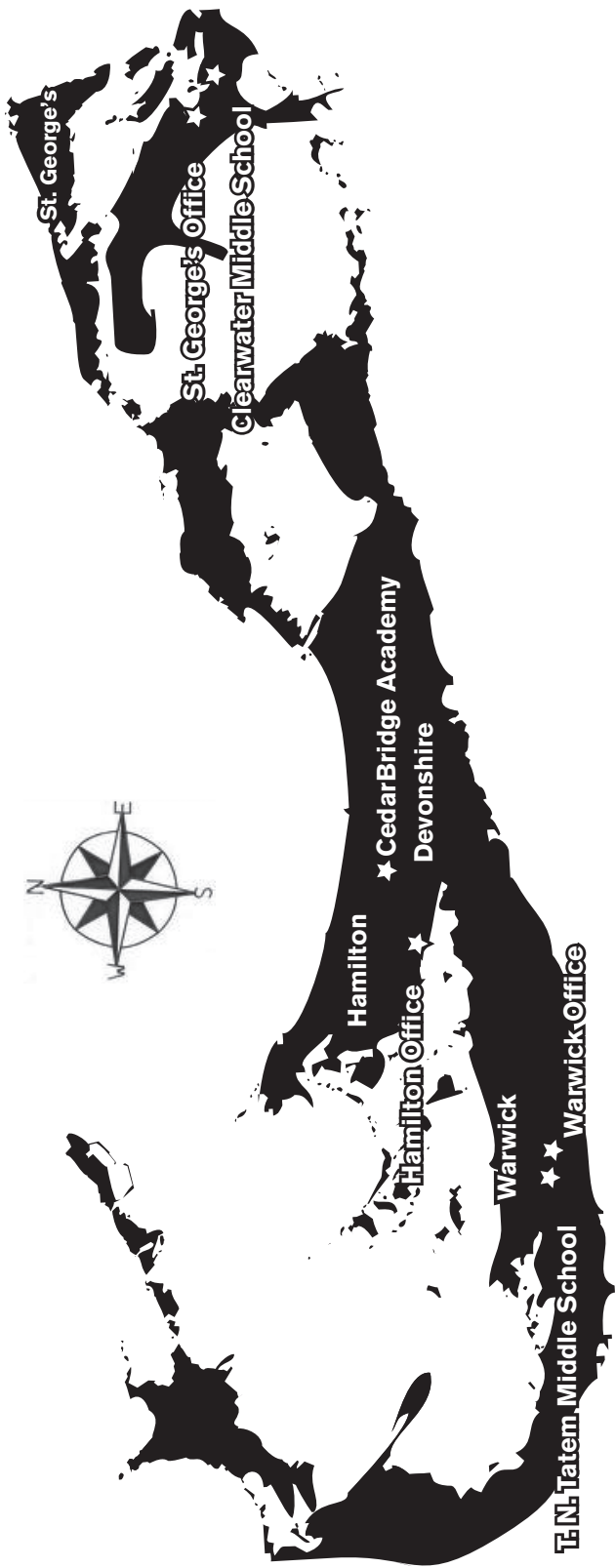


Legend Landmarks

T. N. Tatem Middle School
Warwick Lanes, Middle Road, Warwick

Clearwater Middle School
Southside Police Station, St. Davids

CedarBridge Academy
National Sports Centre, Prospect, Devonshire



PLEASE PRINT CLEARLY

Last Name: _____

First: _____ MI: _____

Mailing Address in Full

House #: _____

Apt./Unit #: _____

P.O. Box: _____

House Name: _____

Street Name: _____

Parish: _____ Postal Code: _____

- ☐ Male
☐ Female

☐ Bdian
☐ Non Bdian

Business Tel #: _____
Residence Tel #: _____
Cellular Tel #: _____
Email Address: _____

Age Group

☐ **School Student**

4 – 18 yrs

Parent/Guardian Name

☐ **Reg. Student**

19 – 64 yrs.

☐ **Golden Ager**

65 + yrs.

FAX TO ONE OFFICE ONLY

St. George's Office

Fax: (441) 297-0386

Hamilton Office

Fax: (441) 292-7786

Warwick Office

Fax: (441) 236-1980

ALL CHEQUES MADE PAYABLE TO THE ACCOUNTANT GENERAL

FOR OFFICE USE ONLY

Course _____ **Fee: \$** _____

Fee: \$ _____ ☐ Cash ☐ Cheque ☐ Credit Card

Community School Location: ☐ Eastern ☐ Central ☐ Western

Registration Period: ☐ Early ☐ Regular ☐ Late

Day: ☐ Mon ☐ Tue ☐ Wed ☐ Thu ☐ Fri ☐ Sat ☐ Sun

Credit Card Type ☐ Visa ☐ MasterCard ☐ Other

Date Commencing: _____ **Class Time:** _____

Card #: _____ **Exp. Date:** _____

Term: ☐ Fall ☐ Winter ☐ Spring

Received by: _____ **Date of Registration:** _____

Registration by: ☐ Walk-in ☐ Mail ☐ Tel ☐ Fax

Brochure Received: ☐ On-Line www.communityed.gov.bm

☐ CEDP Office ☐ Family/Friend ☐ Grocery Stores ☐ Pharmacies ☐ Gas Stations

☐ New Registrant

☐ Schools ☐ Post Offices ☐ Private Sector ☐ Other _____

REFUND POLICY: *There will be no refund of tuition once you have registered, unless classes have been cancelled by office Administration. A full refund is automatically processed on cancelled class/es ONLY after the registration process. For ease of use credit cards refunds will be processed within 7 working days after notification of a cancelled class. Cash and cheques refunds will be processed within 15 – 20 working days after notification of a cancelled class as they refunded through the Accountant General Department.*

FURTHER LIABILITY RELEASE: *The C.E.D.P. does not assume any liabilities and absolves itself and personnel of any legal action or personal injuries whilst on property in question at which aforementioned programmes are conducted.*

WWW.COMMUNITYED.GOV.BM

Brochures will be available for collection from the three Community Education and Development
Offices and The Department of Community and Cultural Affairs